



## **2019 Community Health Needs Assessment**

*Updated to include:*

*2020 Implementation Strategy Plan*

*2021 Implementation Strategy Plan*

**Conducted By:**



# TABLE OF CONTENTS

<b>INTRODUCTION.....</b>	<b>2</b>
<b>CALHOUN LIBERTY HOSPITAL MISSION, VISION AND VALUES</b>	<b>3</b>
<b>EXECUTIVE SUMMARY .....</b>	<b>4</b>
<b>COMMUNITY HEALTH NEEDS ASSESSMENT – RECAP... </b>	<b>5</b>
<b>SERVICE AREA.....</b>	<b>10</b>
<b>COMMUNITY HEALTH INDICATORS.....</b>	<b>12</b>
County Health Rankings & Roadmaps.....	12
Mortality Rates.....	13
Cancer Incidence Rates .....	14
Rural Health Information Hub - SDOH .....	15
<b>PRIORITIZATION OF HEALTH NEEDS.....</b>	<b>16</b>
<b>DOCUMENTING AND COMMUNICATING RESULTS .....</b>	<b>17</b>
<b>APPENDIX A – 2017-2019 CHNA IMPLEMENTATION PLAN .....</b>	<b>18</b>
<b>APPENDIX B – 2020 CHNA IMPLEMENTATION PLAN.....</b>	<b>23</b>

# INTRODUCTION

Community Health Needs Assessment (CHNA) became a requirement of all tax exempt (501(c)(3)) hospitals beginning with fiscal year 2013. As part of the IRS Form 990, Schedule H, individually licensed not-for-profit hospitals are required to assess the health needs of their community, prioritize the health needs, and develop implementation plans for the prioritized health needs they choose to address. Reports on progress with the Implementation Plans are required to be submitted annually. Every three years, this process must be repeated.

# CALHOUN LIBERTY HOSPITAL MISSION, VISION AND VALUES

## **MISSION**

Calhoun-Liberty Hospital is founded on the following beliefs:

- *To provide the most dedicated and advanced primary, preventive, and diagnostic healthcare to the communities we serve.*
- *To provide quality patient care at the most reasonable cost.*
- *To provide, promote, and support community involvement in the delivery of healthcare in the communities we serve.*

## **VISION**

Calhoun-Liberty Hospital will develop a culture that engages citizens and organizations in becoming a healthier community. We are dedicated to the growth of community-centered rural health care delivery systems and to the survival of our rural hospitals through the Critical Access Hospital program. Calhoun Liberty Hospital will serve our communities with exceptional quality, innovative health services, and promote wellness with highly trained physicians and staff members.

## **GOALS**

To design a progressive healthcare [system] that will focus upon the enhancement of localized, affordable, and personal quality care in our community.

Calhoun-Liberty Hospital is dedicated to the delivery of quality services to our patients, comfort to their families and providing a rewarding working environment for our employees.

## **EXECUTIVE SUMMARY**

In 2016, Calhoun-Liberty Hospital (CLH) partnered with a steering committee of individuals representing Calhoun and Liberty Counties and developed a Community Health Needs Assessment report. Priority health needs were identified and CLH developed the Implementation Strategy Plan (ISP) to highlight the hospital's commitment to improve community health status indicators.

While the organization made progress on their 2017 – 2019 Implementation Strategy Plan (Appendix A), Hurricane Michael dramatically changed the trajectory of the hospital's efforts when it made landfall directly on Blountstown, Florida, on October 10, 2018.

The damage to CLH was significant to say the least. Due to the widespread damage in the region, resources were limited for immediate assistance to clean-up, repair and restore hospital departments in order to provide services. While it took several weeks and, in some cases, months, CLH was able to open its doors again in the midst of recovery and continues to be in a rebuilding process.

To that end, CLH participated in the 2019 – 2021 Community Health Improvement Plan with the Florida Department of Health in Calhoun/Liberty Counties to update the existing Community Health Needs Assessment and include an Implementation Strategy Plan for 2019 – 2021.

# COMMUNITY HEALTH NEEDS ASSESSMENT – RECAP

The following is a direct excerpt from the 2019 – 2021 Community Improvement Plan for Calhoun and Liberty Counties:

## *Community Health Assessment Review*

In 2016, a joint initiative began between Florida Department of Health in Calhoun and Liberty Counties and Florida State University-College of Social Sciences and Public Policy to determine the health needs of the two counties. A series of assessments including, Community Themes and Strengths Assessment, Local Public Health System Assessment, Community Status Assessment, and Forces of Change Assessment were completed to determine the communities' strengths and weaknesses. Based on the communities' feedback, the following priority areas were selected as the focus for the 2018-2021 Community Health Improvement Plan (CHIP):

- *Access to Care*
- *Mental Health/Substance Abuse*
- *Obesity*

## *Community Themes and Strengths Assessment*

The Community Themes and Strengths Assessment is comprised of identifying the issues residents of the community deem as the most important; along with distinguishing any resources available to aid in improving the health of the community. Community surveys were developed and fielded at various locations, including grocery stores, convenience stores, hospital/ER and medical clinics. In Calhoun County, 241 surveys were completed by residents (verified by zip code) between May 10-30, 2016. In Liberty County, 133 surveys were completed by residents (verified by zip code) between June 15-18, 2016.

Based on survey responses communities in Calhoun and Liberty Counties found the following:

<b>Calhoun County</b>	<b>Liberty County</b>
<ul style="list-style-type: none"> <li>✓ Access to health services, family doctors and specialists</li> <li>✓ Good schools/quality education</li> <li>✓ Low number of STDs</li> </ul>	<ul style="list-style-type: none"> <li>✓ Access to health services, family doctors and specialists</li> <li>✓ Good schools/quality education</li> <li>✓ Arts and cultural events</li> </ul>

### *Local Public Health System Assessment*

The Local Public Health System Assessment (LPHSA) puts the spotlight on the network of organizations and agencies in the community and how well the ten Essential Services (ES) are being delivered. The LPHSA for Calhoun and Liberty Counties was conducted on May 24, 2017 from 9 AM to 12 PM at the Heritage Room of the Calhoun County Library. A total of 22 community partners participated in this assessment.

The community members voted the essential services (ES) #2, #3, and #5 as strong performance and ES #1, #7, #10 as needs improvement.

<b>Strongest Performance</b>	<b>Needs Improvement</b>
<b>ES 5:</b> Developing policies and plans that support individual and community health efforts (78.18%)	ES 10: Researching new insights and innovative solutions to health problems (39.17%)
<b>ES 3:</b> Informing, educating, and empowering people about health issues (68.92%)	ES 1: Monitoring health status to identify community health problems (37.12%)
<b>ES 2:</b> Diagnosing and investigating health problems and health hazards (66.56%)	ES 7: Linking people to needed personal health services and assure the provision of healthcare when otherwise unavailable (54.81%)

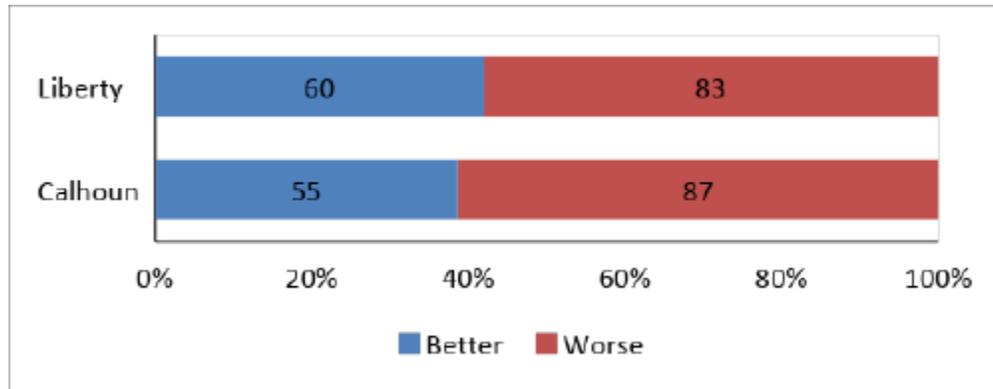
62.7% of the model standards fell within the *Significant Activity* category (greater than 50% but not more than 75% of the activity described within the question is met).

### *Community Health Status Assessment*

The Community Health Status Assessment distinguishes and prioritizes quality of life and community health issues. The review of data was conducted during a meeting held July 24th at the Veteran’s Memorial Civic Center with a total of 15 participants.

Of the 144 health indicators, Liberty County was better than the state in 60 indicators (42%), worse than the state in 83 indicators (57%), and the same as the state in one indicator (1%).

Calhoun County performed better than the state in 55 indicators (39%), worse than the state in 87 indicators (60%), and the same as the state in two indicators (1%).



<i>Mental Health / Substance Abuse</i>	<i>Access</i>	<i>Obesity</i>
➤ 19 related health indicators	➤ 55 related health indicators	➤ 36 related health indicators
➤ Calhoun County performed worse than the state in 10 indicators	➤ Calhoun County performed worse than the state in 29 indicators	➤ Calhoun County performed worse than the state in 29 indicators
➤ Liberty County performed worse than the state in 12 indicators	➤ Liberty County performed worse than the state in 28 indicators	➤ Liberty County performed worse than the state in 28 indicators

### *Forces of Change Assessment*

The Forces of Change Assessment focuses on recognizing forces, factors or trends that will affect the health of the community and the local public health system. This assessment was conducted on July 10th, 2017 from at the Liberty County Civic Center. Sixteen community members representing a variety of partners attended the meeting.

Community partners identified the following (major) key forces and threats:

Key Forces	Threats
<ul style="list-style-type: none"> <li>• Drug use</li> <li>• Lack of activities for the youth</li> <li>• Acceptance of fast food as a way of life</li> <li>• Sedentary lifestyle</li> <li>• Unemployment rate</li> <li>• Poverty rate</li> <li>• Budget cuts to Medicaid</li> <li>• Unknown future for Affordable Care Act</li> <li>• Telemedicine</li> </ul>	<ul style="list-style-type: none"> <li>• Crime</li> <li>• No access to Narcan</li> <li>• There is a lack of interest in change</li> <li>• Obesity, heart disease, and diabetes</li> <li>• There is a lack of fresh fruits and vegetables</li> <li>• There is a lack of personal motivation</li> </ul>

### *Overview*

The DOH Calhoun/Liberty CHIP was developed in collaboration with local community members who have a goal of achieving improvements in each of the priority areas. Prior to the development of this CHIP, two community member meetings were held at the Veteran’s Memorial Civic Center; meetings were held on April 16th and May 23rd of 2017. The CHIP committee was composed of a variety of representatives and community members. Attendees were encouraged to represent their organizations, state their concerns, and offer insight on how to address and improve the priority areas. Outlined in this document are the proposed work plans and their intended implementation.

### *Review of Key Data*

Areas with the need for improvement/aid and shortcomings were selected, listed for each priority is the analyzed data best representing the strengths and shortcomings of both communities. This data has been extracted from the Community Themes and Strengths Assessment, Local Public Health System Assessment, Community Status Assessment, Forces of Change assessments, and Florida CHARTS. The following links is to view Florida CHARTS County

*Health Status Summary Reports:*

<http://www.flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=ChartsProfiles.CountyHealthSummary>

### *Developing Priority Area Action Plans*

Attendees collaborated to discuss and develop action plans for each of the priority areas. The action plans identify the goal, objective, strategies, work plan, and community partners for each priority area. For the remainder of this project these terms will be defined as:

- *Goals: The 3-5 year plan the community wishes to achieve.*
- *Objectives: Specific, measurable, achievable, relevant, time bound plans to obtain goals.*
- *Strategies: The steps needed to achieve the objectives.*
- *Work plan: Describes timeline and how strategies will be achieved*
- *Community Partners/Partner Agencies: Community members working to achieve and sustain goals.*

### *Binder Overview*

Through committee discussions it became apparent community members and providers are unaware of resources available. Committee members commissioned the organization to create a "Resource Binder". The binder contains information pertinent to each priority area, it will be disseminated to local organizations such as churches, schools, and healthcare providers.

# SERVICE AREA

The service area for CLH is defined at Calhoun County, FL, and Liberty County, Florida. In an analysis of inpatient origin by ZIP Code, the service area was defined to include 7 primary ZIP Codes across Calhoun and Liberty Counties, where 89% of CLH’s inpatients reside.

**Table 1: CLH Service Area by ZIP Code**

ZIP Code	City	State	County
32424	Blountstown	FL	Calhoun
32321	Bristol	FL	Liberty
32421	Altha	FL	Calhoun
32334	Hosford	FL	Liberty
32430	Clarksville	FL	Calhoun
32449	Wewahitchka	FL	Calhoun
32360	Telogia	FL	Liberty

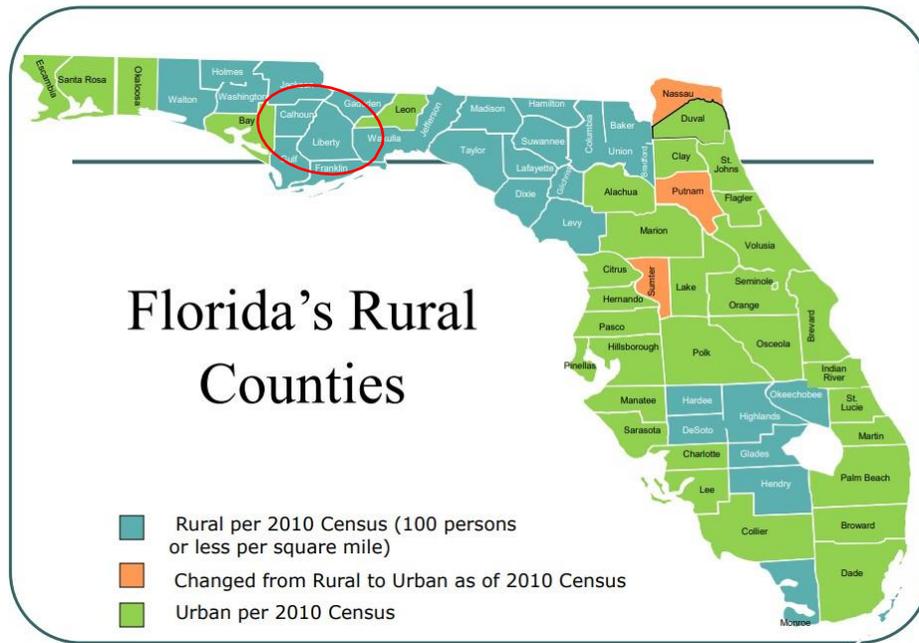
## *Service Area Demographics*

Based on the most recent available U.S. Census data (2019), the population of Calhoun County, Florida, is 14,982, and the population of Liberty County, Florida, is 9,167, for a total service area population of 24,149. The CLH service area has a slightly larger cohort of individuals age 65+ (16.7%) compared to the U.S. population of age 65+ of 15%.

Median income for both counties is about \$38,300. Calhoun County’s percentage of the population below 100% of poverty is 14.7% compared to Liberty County’s 16.8% of the population below 100% poverty.

Source: <https://flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=ChartsProfiles.CountyHealthSummary>

## Florida Map of Counties – CLH Service Area Map



Source: <http://www.floridahealth.gov/provider-and-partner-resources/community-health-workers/health-professional-shortage-designations/Rural%20Counties%20Map%202016.pdf>

# COMMUNITY HEALTH INDICATORS

Health measures were collected from various sources to highlight the general health of the CLH service area. The Counties within the CLH service area are included in the analysis below.

## COUNTY HEALTH RANKINGS & ROADMAPS

The County Health Rankings & Roadmaps program is a collaborative between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. The program collects health data annually to bring awareness to the factors that influence health and strategies for improving the health of communities.

The table below includes select measures from County Health Rankings & Roadmaps.

**Table 2: Service Area County Health Rankings – Select Measures**

	Calhoun County (FL)	Liberty County (FL)	FL
<b>Health Outcomes</b>			
<b>Ranking (out of 67)</b>	<b>58</b>	<b>18</b>	
Premature death	10,900	6,300	7,200
<b>Quality of Life</b>			
Poor to Fair Health	24%	22%	19%
Low Birthweight	8%	8%	9%
<b>Health Behaviors</b>			
Adult Smoking	20%	21%	15%
Adult Obesity	34%	38%	27%
Access to exercise opportunities	20%	20%	88%
Excessive drinking	16%	17%	18%
Alcohol-impaired driving deaths	18%	30%	25%
Sexually transmitted infections <small>Newly diagnosed chlamydia cases per 100,000 of population</small>	470.2	216.1	467.4
Teen births <small>Number of births per 1,000 female population ages 15-19</small>	46	47	23

Source: 2019 County Health Rankings & Roadmaps ([www.countyhealthrankings.org](http://www.countyhealthrankings.org))

The County Health Rankings define Premature Death as leading causes of death for those under the age of 75 within the categories of malignant neoplasms, diseases of the heart, accidents (unintentional injuries), chronic lower respiratory diseases and intentional self-harm (suicide). This data is age-adjusted to ensure it is comparable across counties.

The rate of premature deaths in Calhoun County is significantly higher compared to Liberty County and the State. Calhoun County ranks 58 of 67 counties in Florida in terms of “healthiest,” or least healthy with higher rates of smoking, obesity and sexually transmitted diseases.

Clinical Care measures were also reviewed for the service area counties.

**Table 3: Service Area County Health Rankings – Clinical Care Measures**

	Calhoun County (FL)	Liberty County (FL)	FL
<b>Clinical Care</b>			
<b>Ranking (of 67)</b>	<b>61</b>	<b>57</b>	
Uninsured	14%	15%	15%
Primary Care Physicians	2,060:1	-	1,390:1
Dentists	1,610:1	4,120:1	1,700:1
Mental Health Providers	7,240:1	920:1	670:1
Preventable Hospital Stays	8,367	7,169	5,066
Mammography Screening	34%	38%	42%
Flu Vaccinations	21%	21%	41%

Source: County Health Rankings & Roadmaps ([www.countyhealthrankings.org](http://www.countyhealthrankings.org))

Based on these measures, there is significant opportunity to increase the availability of primary care services in Calhoun and Liberty Counties to drive preventative screenings and provide a gateway to managing mental health needs.

## **MORTALITY RATES**

Mortality rates from the National Center for Health Statistics indicates the service area population has an overall higher mortality rate as compared to the State of Florida. For both Calhoun and Liberty

Counties, the mortality rate for chronic lower respiratory disease is significantly higher compared to the State of Florida.

**Table 4: Service Area Counties – Mortality Rates**

Age Adjusted Death Rates	Calhoun County (FL)	Liberty County (FL)	FL
Coronary Heart Disease	186.2	94.5	143.5
Cancer	134.1	139.5	142.8
Chronic Lower Respiratory Disease	86.5	75.5	36.1
Influenza and Pneumonia	10.0	-	7.9
Accidents	35.7	72.4	55.5
Stroke	52.2	35.0	41.4
Diabetes	33.0	20.9	19.7
Homicide	-	11.4	6.7
Suicide	5.1	10.4	14.5

Source: <https://flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=ChartsProfiles.LeadingCausesOfDeathProfile>

## CANCER INCIDENCE RATES

In reviewing cancer incidence data in the service area compare to the State of Florida, lung cancer rates are higher in Calhoun and Liberty Counties as compared to the State incidence rate and the rate of skin cancer (melanoma) is almost 70% greater than the State rate. Breast cancer rates in Liberty County are much higher than in Calhoun County and comparable to the State rate.

**Table 5: Service Area Counties – Cancer Incidence**

Age Adjusted Cancer Incidence	Calhoun County (FL)	Liberty County (FL)	FL
All Cancers (2019)	417.8	351.5	454.3
Prostate (2018)	28.8	31.1	89.1
Lung (2018)	69.5	68.4	55.9
Breast (2018)	59.3	106.5	123.4
Cervical cancer (2019)	11.0	-	1.4
Skin (2018)	43.0	19.3	25.3

Source: <https://flhealthcharts.com/ChartsReports/>

## RURAL HEALTH INFORMATION HUB - SDOH

**Table 6: Social Determinants of Health**

	Calhoun County (FL)	Liberty County (FL)	FL (non-metro)
<b>SDOH</b>			
18-24 Year Olds Without a High School Diploma	21.0%	33.2%	26.7%
Low Access to Healthy Food*	83.4%	25.2%	45.2%
Median Household Income\$	\$41K	\$44K	\$47K
Personal Income \$100K and Over	0%	0%	15.0%
Personal Income Under \$25K	19.1%	100.0%	36.5%
Population Without a High School Diploma	23.1%	18.6%	19.3%
Poverty	20.3%	23.0%	18.8%
Unemployment Rate	4.1%	3.6%	3.5%

*Source: Rural Health Information Hub via data from the US Census ACS, 2009, 2014, 2019 5-year estimates; USDA Economic Research Service, 2007-2020 (low access to health food); and the US Census Small Area Income and Poverty Estimates, 2009-2019.*

Liberty County has a higher rate of 18–24-year-olds without a high school diploma compared to Calhoun County and the Non-Metro State rates. According to the Rural Health Information Hub, 100% of Liberty County residents have personal income less than \$100K.

83.4% of Calhoun County residents do not have access to healthy food, as measured by residents’ proximity to the nearest supermarket (more than 10 miles).

# PRIORITIZATION OF HEALTH NEEDS

In consideration of the quantitative as well as qualitative feedback, the following community health needs were identified and prioritized:

- *Access to health care*
- *Obesity*
- *Mental health/substance abuse*

# DOCUMENTING AND COMMUNICATING RESULTS

Per IRS guidelines, this CHNA report will be made available to the general public via the CLH website: <https://www.calhounlibertyhospital.com/>

A hard copy of this report may be reviewed at the hospital by making a request with Administration at CLH.

CLH will also provide in its annual IRS Schedule H (Form 990) the URL of the webpage on which it has made the CHNA Report and Implementation Strategy Plan widely available to the public. CLH will include a report of the actions taken during the fiscal year to address the significant health needs identified through its most recent CHNA, and provide reasoning for the health indicators identified but not addressed by the organization.

## APPROVAL

The 2019 Calhoun Liberty Hospital Community Health Needs Assessment was approved by the Calhoun Liberty Hospital Board of Directors on the 08/27/2018

# APPENDIX A – 2017-2019 CHNA IMPLEMENTATION PLAN

## Community Health Assessment Review

In 2016, Calhoun-Liberty Hospital collaborated with the Florida State University College of Social Sciences and Public Policy, Demography Department and Public Health Program to study Calhoun and Liberty Counties’ health needs. A series of assessments including the Community Themes and Strengths Assessment, Local Public Health System Assessment, Community Status Assessment, and Forces of Change Assessment were completed to determine the communities’ strengths and opportunities. The priority areas selected by the focus group were:

- *Access to Care*
- *Obesity*
- *Mental Health/ Substance Abuse*
- *Food Desert*

### Access to Care

Focusing on understanding and awareness of hospital services, available Primary Care Physicians, and working on payment options for non-insured.

### Goals / Anticipated Impact:

- *Improve awareness and understanding of care options available to individuals in the communities*
- *Improve understanding in preventive care importance.*

<b>Strategies</b>	<b>Initiatives</b>	<b>Cost/Time line</b>
Collaborate with other healthcare providers to develop initiatives and implement education focusing	<ul style="list-style-type: none"> <li>▪ <i>Develop and implement an annual healthcare forum to include both Liberty and Calhoun counties</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ <i>Cost of the Forum for the hospital is around \$2000</i></li> </ul>

<p>on care options and services within the communities.</p>	<p><i>healthcare providers, law enforcement, and civic leaders.</i></p> <ul style="list-style-type: none"> <li>▪ <i>Develop and implement a consistent messaging throughout the emergency department and other care settings that focuses on improving awareness and understanding care options. This includes referring to the primary care provider upon discharge or referrals to providers within the community the individual lives.</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ <i>Cost is \$600 for pamphlets with information about services.</i></li> </ul>
<p>Increase health messaging (cont.) through community events to educate on available care options and importance of preventive care</p>	<ul style="list-style-type: none"> <li>▪ <i>Set up resource booths at community events such as Goat Day, Wildflower Festival, Catfish Crawl, Halloween Haunted House, High school sport games, etc.</i></li> <li>▪ <i>Provide information on payment options for the noninsured for the Primary Care Clinic.</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ <i>Cost is \$600 with giveaways, information pamphlets, employee time – plan to participate in 8 events annually.</i></li> <li>▪ <i>Cost \$0 for radio spots on the local</i></li> </ul>

	<ul style="list-style-type: none"> <li>▪ <i>Advertise that the Calhoun Liberty Primary Care Clinic is accepting new patients</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ <i>'Swap Shop' show</i></li> <li>▪ <i>\$1,500 for radio advertisement during HS football &amp; basketball games</i></li> </ul>
--	---------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## Obesity

Focusing on achieving a healthy weight through proper nutrition and exercise.

### Goals / Anticipated Impact:

- *Educate on proper nutrition and improve understanding of long-term obesity*
- *Promote health and reduce disease process as a result of obesity by focusing on the consumption of healthful foods, increase in physical activity, and the importance of a healthy body weight*

<b>Strategies</b>	<b>Initiatives</b>	<b>Cost/Time line</b>
Develop and implement an education plan with resources to help the communities achieve and maintain healthy weight, with a focus on vulnerable populations.	<ul style="list-style-type: none"> <li>▪ <i>Develop and implement a Diabetic Education plan that will be presented in civic groups, churches, schools, and other organizations.</i></li> <li>▪ <i>During the Diabetic month annually organize a walk that will provide education, resources, and</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ <i>Cost is \$ 600 for material; plan to present at 8 events annually</i></li> <li>▪ <i>Cost is \$1500 – one time per year in fall season</i></li> </ul>

	<i>information for healthcare to the communities.</i>	
Partner with Community organizations to promote physical activities for entire families	<ul style="list-style-type: none"> <li>▪ <i>Identify and create opportunities for physical activities within the communities such as schools, parks, walking clubs, etc.</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ <i>No direct cost; ongoing basis with community partners</i></li> </ul>

**Needs that will not be addressed due to limited resources and funds**

<b>Identified and Prioritized Need</b>	<b>Reason why the need will not be addressed through Implementation Strategy</b>
Behavioral Health, including mental health & substance abuse	<ul style="list-style-type: none"> <li>▪ <i>As identified during the needs assessment Calhoun Liberty Hospital does not provide behavioral health services, and it would not be feasible for the hospital to develop this type of program due to funds.</i></li> <li>▪ <i>The hospital works closely with facilities that provide these services to assist patients in accessing care.</i></li> </ul>
Food Desert	<ul style="list-style-type: none"> <li>▪ <i>The hospital can't provide services for the problem of only having one grocery store in each community.</i></li> <li>▪ <i>The hospital does not have an available cold container to house perishable items and does not see a time frame that this would be feasible.</i></li> </ul>

**Oversight & Monitoring**

**Executive Owner** – Janna Matautia, RN, CNO

**Monitoring** – Quarterly. To QA / PI Committee, Medical Executive Committee and Board of Directors

**Support & Commitment** – Executive Leadership Team of Calhoun-Liberty Hospital

- *Ensure resources are available*
- *Budget commitment*
- *Promotion of activities*
- *Coordination with community stakeholder*

Adopted by Calhoun-Liberty Hospital

Board of Directors

August 27, 2018

# APPENDIX B – 2020 CHNA IMPLEMENTATION PLAN

## 2020 CHNA Implementation Strategy Plan

### Prioritized Health Need *Access to health care*

Strategy	Results
Partner with schools and local businesses on preventative services	<ul style="list-style-type: none"> <li>• CLH providers administered school physicals at 5 local schools with over 300 school physicals conducted.</li> <li>• Partnered with Shelton Trucking to administer about 20 flu shots to their employees.</li> </ul>
Recruit additional primary care providers to serve Calhoun and Liberty Counties	<ul style="list-style-type: none"> <li>• CLH currently has 3 providers, including 2 full time Nurse Practitioners.               <ul style="list-style-type: none"> <li>○ 2019 visits = 8,900</li> <li>○ 2020 visits = 7,390</li> </ul> </li> <li>• Fewer visits in 2020 due to COVID-19</li> <li>• Evaluating the expansion of hours to include Saturdays</li> </ul>
Grow clinical service offerings at CLH	<ul style="list-style-type: none"> <li>• Currently evaluating the addition of wound care, psychiatry and infusion services.</li> <li>• Partnered with Tallahassee Memorial Hospital on telehealth cardiology services.</li> </ul>

**Prioritized Health Need *Obesity***

<b>Strategy</b>	<b>Results</b>
Partner with local schools on obesity and healthy weight education	<ul style="list-style-type: none"> <li>• CLH provided free school physicals to Calhoun County school district students.</li> <li>• Provided education on healthy eating and preventive care as part of the school physicals.</li> <li>• CLH participated in helping meet the nutritional needs of the Blountstown football team by providing education and donation of nutritional supplements.</li> </ul>
Review and revise primary care provider clinical care plans to better address obesity	<ul style="list-style-type: none"> <li>• Body Mass Index (BMI) is calculated at every patient visit.</li> <li>• Based on BMI and other health conditions, providers discuss weight and eating habits during patient appointment.</li> <li>• Education and support materials are provided as additional resources.</li> <li>• Primary care office staff provides after care follow-up and ongoing monitoring, when warranted.</li> <li>• For patients with diabetes, refer to classes and group support when appropriate.</li> <li>• Primary care providers will also make referrals to other providers/outside sources when appropriate.</li> </ul>

**Prioritized Health Need**    ***Mental Health/Substance Abuse***

<b>Strategy</b>	<b>Results</b>
Re-establish mental health and substance abuse services	<ul style="list-style-type: none"><li>• Post Hurricane Michael, CLH worked diligently to bring services back online amid the damage caused by the storm.</li><li>• Added telehealth services to the primary care clinics.</li><li>• Inpatient services reopened in 2019 to once again provide acute care, observation and swing bed services</li><li>• Therapy services reinitiated in 2019</li><li>• CLH established comprehensive referral network for mental health/substance abuse conditions that cannot be treated at the hospital.</li><li>• CLH attended Big Bend Coalition meetings in 2019 and 2020 to strategize on addressing mental health/substance abuse needs in the community.</li></ul>

# APPENDIX C – 2021 CHNA IMPLEMENTATION PLAN

## 2021 CHNA Implementation Strategy Plan

### Prioritized Health Need *Access to health care*

Strategy	Results
Partner with schools and local businesses on preventative services	<ul style="list-style-type: none"> <li>• CLH providers administered school physicals at 5 local schools with over 279 school physicals conducted.</li> <li>• Partnered with Shelton Trucking to administer 15 flu shots to their employees.</li> <li>• Administered 219 Covid Vaccinations to hospital staff as well as other residents of the area.</li> <li>• Provided community education through radio, newspaper, virtual, and in-person presentations on covid and vaccine(s).</li> <li>• Partnered with the local health department to setup mobile vaccination clinics on site several times to combat Covid.</li> </ul>
Recruit additional primary care providers to serve Calhoun and Liberty Counties	<ul style="list-style-type: none"> <li>• CLH currently has 3 providers, including 2 full time Nurse Practitioners.               <ul style="list-style-type: none"> <li>○ 2020 visits = 7,390</li> <li>○ 2021 visits = 8,326</li> </ul> </li> <li>• Implemented Telehealth visits.</li> <li>• Contracted with provider for the expansion of hours to include Saturdays, to begin Summer 2022.</li> <li>• Evaluating addition of RN for <u>community wellness</u> assessments.</li> </ul>
Grow clinical service offerings at CLH	<ul style="list-style-type: none"> <li>• Currently evaluating the addition of mammography, psychiatry, community paramedic program, echocardiogram, and infusion services.</li> <li>• Partnered with Tallahassee Memorial Hospital on telehealth cardiology services Behavioral Health</li> <li>• Partnered with HCA on telehealth neurology services.</li> <li>• Administered 544 monoclonal antibody infusions to residents of the area to assist with covid relief.</li> <li>• Slated for 2022:               <ul style="list-style-type: none"> <li>○ Certified Diabetes Educator available for consult.</li> <li>○ Behavioral Health consults available in ED via telemed cart.</li> <li>○ Enhanced Inpatient Physical Therapy program</li> <li>○ Community Paramedic Program in progress with leadership in place.</li> <li>○ 3D Mammography</li> <li>○ Expanded Ultrasound capabilities</li> <li>○ Added Monoclonal Antibody infusion services.</li> <li>○ Added LHI as a contracting partner.</li> <li>○ Facility wide competencies for Certified Level 4 Stroke center in ED.</li> </ul> </li> </ul>

**Prioritized Health Need *Obesity***

<b>Strategy</b>	<b>Results</b>
Partner with local schools on obesity and healthy weight education	<ul style="list-style-type: none"> <li>• CLH provided free school physicals to Calhoun County school district students.</li> <li>• Provided education on healthy eating and preventive care as part of the school physicals.</li> <li>• CLH participated in helping meet the nutritional needs of the Blountstown football team by providing education and donation of nutritional supplements.</li> <li>• Slated for 2022 to bring on a certified diabetes education consultant</li> <li>• Outreach education provided by clinical educator to offer support to area students.</li> </ul>
Review and revise primary care provider clinical care plans to better address obesity	<ul style="list-style-type: none"> <li>• Body Mass Index (BMI) is calculated at every patient visit.</li> <li>• Based on BMI and other health conditions, providers discuss weight and eating habits during patient appointment.</li> <li>• Education and support materials are provided as additional resources.</li> <li>• Primary care office staff provides after care follow-up and ongoing monitoring, when warranted.</li> <li>• For patients with diabetes, refer to classes and group support when appropriate.</li> <li>• Primary care providers will also make referrals to other providers/outside sources when appropriate.</li> <li>• Slated for 2022 to bring on a certified diabetes education consultant and a clinical educator to offer patient education.</li> </ul>

<b>Prioritized Health Need Strategy</b>	<b><i>Mental Health/Substance Abuse</i> Results</b>
Re-establish mental health and substance abuse services	<ul style="list-style-type: none"> <li>CLH was unable to attend Big Bend Coalition meetings in 2021 to strategize on addressing mental health/substance abuse needs in the community due to covid.</li> </ul> <p>Slated for 2022 to add Behavioral Health Consults in the ED via telemedicine. New provider to offer alcohol and narcotic withdrawal support.</p>

Adopted by Calhoun-Liberty Hospital

Board of Directors

March 28<sup>th</sup>, 2022

---