



COMMUNITY HEALTH IMPROVEMENT PLAN

CALHOUN COUNTY, FLORIDA

June 2013–2018
Revised October 2016





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Disclaimer

While statistics and data for the indicators were, to the best of the author's knowledge, current as the Community Health Improvement Plan Report 2013 was drafted, there may be subsequent data and developments, including recent legislative actions, that could alter the information provided herein.

This report does not include statistical tests for significance and does not constitute medical advice. Individuals with health problems should consult an appropriate health care provider. This report does not constitute legal advice.

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Calhoun County Community Health Improvement Plan

EXECUTIVE SUMMARY

Building a healthier Calhoun County began as a community-wide initiative with the goal of establishing an ongoing process for identifying and



addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Calhoun County residents. The Public Health Accreditation Board defines a Community Health Improvement Plan (CHIP) as “a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process.” A CHIP can be used by health departments, as well as other government, education, or human service agencies, to coordinate efforts and target resources that promote health.

A CHIP serves to address health issues, roles, and common goals and objectives throughout the community. The plan can be used to guide action and monitor and measure progress toward achievement of goals and objectives. The plan, along with a Community Health Assessment (CHA), can be utilized as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

Health Priorities and Recommendations

Calhoun county community health partners identified two key issues—Obesity, and Poverty - and developed recommendations and action steps. It is recommended the Community Health Action Plans be incorporated into the work of the Florida Department of Health in Calhoun County, existing community groups, and health care partners.

HEALTH PRIORITY: POVERTY

Goal: Reduce poverty in Calhoun County.

Objective: Reduce poverty from 25.9% to 15.9% by August 31, 2016.

Strategy 1: Implement financial planning workshop for community.

HEALTH PRIORITY: OBESITY

Goal: Decrease obesity in Calhoun County.

Objective 1: Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.

Strategy 1: Develop community nutrition activities/education.

Objective 2: Decrease percentage of high school students reporting BMI at or above the 95th percentile by 5% from 18% to 13% by June 30, 2016.

Strategy 1: Establish Comprehensive Physical Education Program in schools.

Objective 3: Increase fruit and vegetable intake in high school students by 10% by June 30, 2017.

Strategy 1: Establish nutrition education in the comprehensive Physical Education Program.

Objective 4: Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2016.

Strategy 1: Develop community physical fitness activities

HEALTH PRIORITY: RISKY YOUTH BEHAVIORS

Goal: Reduce risky behaviors in youth in Liberty County.

Objective 1: Reduce teen pregnancy rates from 54.6 to 51.6 per 1000 females ages 15-19.

Strategy 1: Establish educational program within community to reduce teen pregnancy rates.

INTRODUCTION

The health status of a community plays a large role in social and economic prosperity, hence it is important that a community strives to continually improve and maintain its health.

Government agencies (city, county, state) may provide health services; however, successful health programs require an active partnership between all community agencies.

Community health improvement planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities and the community health improvement process. The resulting Community Health Improvement Plan is used by health and other government, educational and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources. A CHIP is critical for developing policies and defining actions to target efforts that promote health. It defines the vision for the health of the community through a collaborative process and addresses the strengths, weaknesses, challenges, and opportunities that exist in the community in order to improve the health status of that community.



The Florida Department of Health in Calhoun County, working with community health partners, initiated community-wide strategic planning for improving community health utilizing the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials

(NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community. The resulting community health improvement plan is designed to use existing resources wisely, consider unique local conditions and needs, and form effective partnerships for action.

METHODOLOGY

The Florida Department of Health in Calhoun County and community health partners met together for the purpose of evaluating the health status of the citizens of the Calhoun County area in order to develop health improvement interventions. The goal of these partners was to develop and implement comprehensive, community-based health promotion



and wellness programs in the Calhoun County area and provide a forum where members may join together to plan, share resources, and implement strategies and programs to address the health care needs of citizens.

The NACCHO MAPP model for community health planning was used, which provides a strategic approach to community health improvement. This model utilizes six distinct phases:

- a. Partnership development and organizing for success
- b. Visioning
- c. The Four MAPP Assessments
 - i. Community Health Status Assessment
 - ii. Community Strength and Themes Assessment
 - iii. Local Public Health System Assessment
 - iv. Forces of Change Assessment
- d. Identifying strategic issues
- e. Formulating goals and strategies
- f. Action (program planning, implementation, and evaluation)

The Community Health Status Assessment provided a “snapshot in time” of the demographics, employment, health status, health risk factors, health resource availability, and quality of life perceptions. Florida Department of Health in Calhoun County conducted a Community Health

Status Profile in April 2012. Data from the 2010 U.S. Census, U.S. Bureau of Labor Statistics, and the Florida Department of Health, Legislative Office of Economic and Demographic Research, Department of Children and Families, Department of Law Enforcement, and Agency for Health Care Administration was utilized in the Community Health Status Assessment.

Community perceptions of the health care system are a critical part of the MAPP process.

Community Themes and Strengths were identified in May 2013 as part of the Goals & Strategies workshop. Perceptions of the quality and accessibility of healthcare in Calhoun County were assessed. Community health partners identified 10 health themes:

- Alcohol & Substance Abuse
- Cancer
- Cardiovascular Disease
- Diabetes
- Domestic Violence
- Educational Issues
- Health Insurance
- Obesity
- Poverty
- Tobacco Use



Community health partners participated in the Forces of Change Assessment workshop on April 2013 to identify what is occurring or might occur that impacts the health of the community and local public health system. Six themes or issues, with corresponding sub-themes and threats, were identified:

- Economic
- Environmental
- Health
- Social
- Political
- Technological



Data from the 2012 County Health Rankings, compiled by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation were reviewed by community partners throughout the MAPP process. In addition, community health partners reviewed the 10 Essential Public Health Services rankings from the Local Public Health Performance Standards Program.



Trammell Bridge

Goals & Strategies Report

As part of the Calhoun County Community Health Improvement Project, the “Mobilizing for Action through Planning and Partnerships” (MAPP) a Strategic Priorities and Goals workshop was conducted on May 7, 2013. Fifteen community health partners participated in the workshop and identified four community health themes for Calhoun County.

Calhoun County Goals & Strategies Report

BACKGROUND

As part of the “Mobilizing for Action through Planning and Partnerships” (MAPP) project in Calhoun County, Quad R, LLC was contracted by the Florida Department of Health in Calhoun County to facilitate the Community Identified Goals and Strategies workshop on May 7, 2013. The purpose of this workshop was to identify health priorities which are impacting Calhoun County residents and to develop goal statements and strategies for each priority.

A total of 15 individuals attended. Individuals were representative of various social service agencies, not-for-profit organizations, and other public health system agencies. Participants represented a cross-section of the community and input provided was based on their knowledge, awareness and perceptions of related health concerns with Calhoun County. The list of participants can be found at the end of this report.

METHODS

Approximately two weeks prior to the scheduled Goals and Strategies workshop, community health partners were contacted by e-mail from the Florida Department of Health in Calhoun County regarding the date, time, and purpose of the workshop. At this time, community health partners were provided the agenda. The email and agenda are located at the end of the report.

The participants were welcomed to the workshop by the Calhoun County Outreach Coordinator Susan Chafin. Workshop participants introduced themselves and identified their organization. After reviewing



the agenda, the workshop facilitator then asked participants to examine the data which highlighted key health statistics for Calhoun County. This data included:

- Florida Department of Health CHARTS – Calhoun County Health Status Summary (accessed April 15, 2013)
- 2013 County Health Rankings (Florida Big Bend, Florida Public Health Institute)
- Florida Legislature, Office of Economic and Demographic Research – Calhoun County Summary (accessed April 15, 2013)
- Calhoun CHARTS Pregnancy & Young Child Profile (accessed April 15, 2013)
- Calhoun CHARTS School-aged Child & Adolescent Profile (accessed April 15, 2013)
- 2010 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report
- Florida Department of Law Enforcement January-December 2011 Crime in Calhoun County Summary
- Calhoun County Quick Facts, US Census Report (accessed April 15, 2013)
- Florida Youth Tobacco Survey (FYTS) 2012 – Calhoun County at a Glance
- Calhoun County: Specialty and Flavored Tobacco Trends Among Youths (Ages 11-17) from the Florida Youth Tobacco Survey (Florida Department of Health)



Participants reviewed the data individually and identified key health issues and/or needs for Calhoun County residents. Individual health concerns were written on sticky notes by each participant. Workshop participants were reminded to identify local, state and national health issues that may affect the context in which the community and its public health system operate within Calhoun County.

Participants were then asked to combine their health issues and/or concerns (sticky notes) into common themes or categories. Workshop members worked collaboratively to cluster their issues and identify a label for the theme or category. They then reviewed all the themes and categories and re-assembled them into a master list of community health issues.

Ten health issues were identified:

- Alcohol & Substance Abuse
- Cancer
- Cardiovascular Disease
- Diabetes
- Domestic Violence
- Educational Issues
- Health Insurance
- Obesity
- Poverty
- Tobacco Use

Workshop participants were instructed to self-select into one of the 10 health issues. Each group was to review the health issues represented by the sticky notes associated with that issue. Each group was tasked with identifying two Do-able activities in order to change and/or impact the health issue in Calhoun County. Groups were reminded to think about the Resources and





Barriers/Challenges identified at the April 9th workshop when identifying Do-able activities (these were provided as a handout at this workshop). Once two activities were listed, each group moved to the next health issue, reviewed the sticky notes, discussed the Do-able activities listed, and identified two different Do-able activities. This process was repeated until each

group had reviewed and added items to each of the 10 health issues.

Next, workshop participants reviewed the Do-able activities on each of the 10 health issues. Each group was instructed to reach consensus on the three most Do-able activities given the Resources and Barriers/Challenges, and place a “star” next to these activities on each chart.

Once each group had selected the top three most Do-able activities on each of the 10 health issues, the workshop participants were asked to review all the health issues a final time. This work is presented at the end of the report.

Workshop participants then voted on the top health issues which they could impact in the next two to three years. The participants reached consensus on three health issues:

- Alcohol & Substance Abuse
- Obesity
- Poverty

After a short break for a working lunch and networking, workshop participants self-selected into one of the three health issues. The facilitator reviewed the key terms associated with goals and strategies on the back of the agenda with the participants. Each workgroup was then tasked with developing a Goal Statement and Strategies for their health issue. Once each workgroup had at least 2 strategies for the health issue, the participants reviewed the work for

each issue. Participants provided feedback and added additional strategies as needed. In addition, participants worked collaboratively to structure the goals and strategies in the format associated with MAPP process (see Key terms and examples on the Agenda).

The Goal & Strategies template was provided on a large easel chart paper. Each workgroup selected at least two strategies from the list created in the previous step, and identified Barriers/Challenges from the master list which could prevent or act as a challenge to implementing and/or completing the strategy. These were listed on the Goal & Strategies template. In addition, the workgroup identified factors associated with the Implementation of the strategy, such as a proposed timeline for completion, lead and key members, and resources.

Workgroups reviewed each other's work and provided feedback. Each group continued to add information on the Goal & Strategies template for their health issue. The goals and strategies developed during this workshop are found on the following pages.



GOALS & STRATEGIES

Calhoun County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation
Alcohol and Substance Abuse	Calhoun County will reduce instances of Alcohol and Substance Abuse.	1. Educate the population on effects of alcohol and substance abuse.	<ul style="list-style-type: none"> Funding(legislative) Generational change Advertisement and glamorization of alcohol Parental acceptance of alcohol use 	<p>Timeline 3 Years</p> <p>Lead & Team Members Calhoun County Chamber of Commerce Schools Department of Health (DOH) Department of Children and Families (DCF) Local business</p> <p>Resources CARE Department of Health (DOH) Department of Children and Families (DCF)</p>
		2. Provide alternative to alcohol and drugs.	<ul style="list-style-type: none"> Funding Space transportation 	<p>Timeline 1 Year</p> <p>Lead & Team Members Local leaders Churches Schools County Health Department</p> <p>Resources Local funding</p>

Calhoun County Community Health Project

Priority Issue	Goal	Strategy	Barriers	Implementation
Obesity	Calhoun County will decrease the rate of Obesity in overall population.	1. Explore and acquire funding sources to establish and maintain Community Based fitness program.	<ul style="list-style-type: none"> Funding politics 	<p>Timeline 3 Years</p> <p>Lead & Team Members Chamber Schools Hospital Department of Health (DOH) Churches</p> <p>Resources See above</p>
		2. Promote healthy lifestyles across the lifespan through broad-based collaborative educational programs.	<ul style="list-style-type: none"> Southern culture Fast food mentality Healthy lifestyle perceived as more expensive 	<p>Timeline 3 Years</p> <p>Lead & Team Members Local business leaders Schools Extension office Department of Health (DOH)</p> <p>Resources See above</p>

Calhoun County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation
Obesity (continued)	Calhoun County will decrease the rate of Obesity in overall population.	3. Increase access to preventative care/screenings in order to promote awareness of risk of obesity.	<ul style="list-style-type: none"> Funding Lack of providers Transportation Lack of participation 	Timeline 3 Years Lead & Team Members Local business Schools Department of Health (DOH) Resources See above

Calhoun County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation
Poverty	Calhoun County will reverse the Poverty level among residents.	1. Expand programs that support families and the values needed to encourage a rise above poverty.	<ul style="list-style-type: none"> Legislative Generational change Community awareness Pride 	Timeline 2-3 Years Lead & Team Members Local leaders Academic Resources State and Local funding Grants
		2. Encourage development of vocational/technical education.	<ul style="list-style-type: none"> Legislative/funding Vocational specialties on the decline Identifying vocational opportunities Community support 	Timeline 3 Years Lead & Team Members Educators Local leaders Resources State/Federal funding

Calhoun County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation
Poverty (continued)	Calhoun County will reverse thePoverty level among residents.	3. Provide awareness of financial awareness and accountability, and lifeskills.	<ul style="list-style-type: none"> • Funding program • Educational awareness of the need/priority • Community acceptance • Lack of awareness 	Timeline 1-2 Years Lead & Team Members Educators Local leaders Community activist Resources Local funding Resources

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SUMMARY/KEY FINDINGS

The information gathered during the Strategic Priorities & Goals workshop is an important component of the MAPP comprehensive community assessment process. These findings can be used in conjunction with the other three MAPP assessments to develop the Community Health Improvement Plan (CHIP) for implementation and evaluation within the Calhoun County public health system.

Nationally, the current economic climate will continue to affect the local public health system and overall community throughout Calhoun County and the state of Florida. Budget cuts and limited grant opportunities have led to a decrease in funding for various services, from social services to charity care, mental illness and Medicaid. With local, state, and federal budget cuts, public health systems are challenged to find creative ways of continuing services and leveraging resources through collaboration and partnership with more non-traditional partners. Poverty was identified as a key priority health issue.

Continued unemployment and foreclosures result in a burdening of current health care and social services systems. Population growth and changing demographics also contribute to an increase in the need for services and programs. Calhoun County is a rural community, and as such, challenges to both access to healthcare, education, and the transportation infrastructure result. Changing demographics within Calhoun County and the state of Florida also present the need to address language and cultural barriers. Alcohol & Substance Abuse is a priority issue which impacts the health of Calhoun County residents.

There were other forces of change noted that are reflective of many issues on the national agenda. For example, health care reform, immigration reform, regulation of medical malpractice, use and overuse of technology, and need for sustainable energy

resources are issues being considered on the national level, but they would also have an impact on local and state health care and social service delivery systems. With the rise in unemployment, there is a greater need for all public health services. Obesity is a priority issue which impacts and is impacted by the other health issues identified in the workshop.

In summary, these strategic health issues priorities and goals impact the community's ability to implement action plans and impact (positively) the health of the Calhoun County community. These strategic priorities and goals impact multiple sectors of the Calhoun County community and surrounding counties, and should be reviewed in conjunction with the other MAPP community health assessments.



NEXT STEPS

Community health improvement planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities. The next step in the Calhoun County process is to conduct the Community Health Improvement Planning (CHIP) phase of the MAPP process, wherein the results from this report will be reviewed in conjunction with Community Health Status Assessment, the Forces of Changes Assessment, and the Local Public Health System Assessment.



This process follows the guidelines of the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan

that focuses on long-term strategies that address multiple factors that affect health in a community.

This model utilizes six distinct phases:

1. Partnership development and organizing for success
2. Visioning
3. The Four MAPP Assessments
 - Community Health Status Assessment
 - Community Strength and Themes Assessment
 - Local Public Health System Assessment
 - Forces of Change Assessment

4. Identifying strategic issues
5. Formulating goals and strategies
6. Action (program planning, implementation, and evaluation)

The resulting Community Health Improvement Plan (CHIP) is designed to use existing resources wisely, consider unique local conditions and needs, and form effective partnerships for action, and is used by health and other government, educational and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources.





Historic M & B Train, Blountstown

ACTION PLAN

(PROGRAM PLANNING, IMPLEMENTATION, AND EVALUATION)

As part of the Calhoun County Community Health Improvement Project, the “Mobilizing for Action through Planning and Partnerships” (MAPP) a CHIP workshop were conducted on May 23, 2013. Twenty community health partners participated in this workshop and developed the Action Plans for community health improvement.

BACKGROUND

Community Health Improvement Team members met to develop the Community Health Improvement Plan, which involved creating an action plan that focused on program planning, implementation, and evaluation. One seven-hour workshop was held in Bristol, Florida at the Veteran's Memorial Civic Center on May 23, 2013. The session was facilitated by Quad R, LLC and session logistics were coordinated with the Florida Department of Health in Calhoun County. Appendix 2 contains the email invitation, agenda, and list of workshop participants for the workshop.

METHODS

There were 20 community health partners representing a diverse collection of public and private agencies in Calhoun County at the workshop. The workshop participants were welcomed by the Florida Department of Health in Calhoun County Administrator Rachel Manspeaker. After participants introduced themselves and the organization they represented, the facilitator reviewed the workshop agenda and provided the Goals & Strategies developed in the May 7, 2013 workshop.

Data folders were provided to those participants who either did not attend the May 7th workshop or did not bring their data folder. Appendix 2 contains the email invitation, agenda, and list of participants for this workshop.

The facilitator reminded workshop members that the data was to serve as the foundation of the Action Plan efforts. The three health goals and strategies from the May 7, 2013 Goals & Strategies workshop were also provided to the participants.



Thesethreehealthissueswere:

- Alcohol & Substance Abuse
- Obesity
- Poverty

After reviewing the goals and strategies, each participant self-selected into one of the three health issues and identified two “Do-able” activities for that health issue on the easel chart sheets provided. The participants were reminded to review the data to determine what activities could be measured and could be accomplished by 2016 with the current resources in Calhoun County. The participants then reviewed each health issue and added “Do-able” activities. This work is located in Appendix 2.

The workshop participants were instructed to review the information on each health, issue in conjunction with the data, and vote for the most “Do-able” activities for each health issue. Next, the participants used a multi-voting technique to prioritize the health issues. This technique allows the participants to narrow the list of health issues using the criteria of “Most Do-able” and “Most Achieve-able” within the parameters of the resources and timeline. Two health issues emerged from this process:

- Obesity
- Poverty



Demonstrations at the Panhandle Pioneer Settlement, a living history museum.

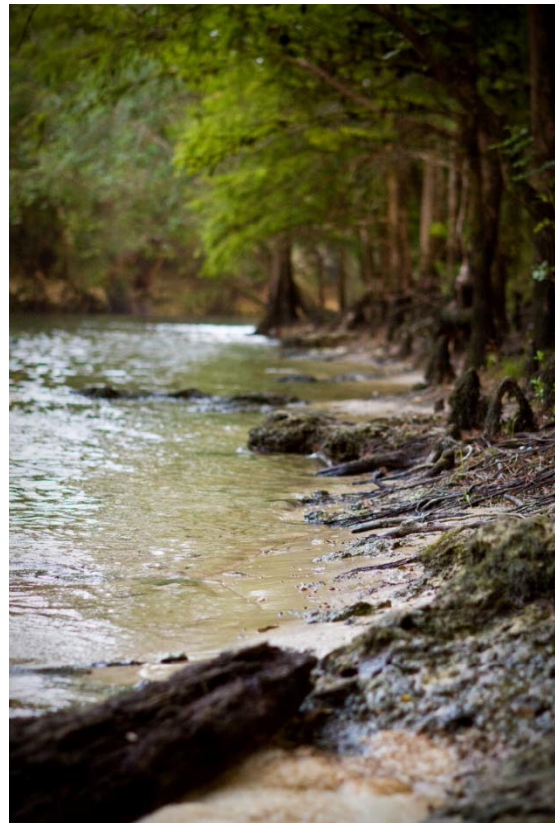
The facilitator reviewed the information regarding goals and SMART (Specific, Measurable, Achievable, Realistic, and Time-bound) Objectives provided on the agenda. Workshop participants self-selected into one of the two health issues. Each team developed a goal and SMART objectives for their health issues. Workshop participants reviewed the goal and SMART objective for each health issue and provided feedback. The goals and SMART objectives were further refined by each team.

After reviewing the work of the other groups, participants delineated activities for each SMART objective. Evaluation measures were identified for each activity and the final evaluation was linked back to the baseline measure for the SMART objective. In addition, the participants identified lead roles, community resources, and target date(s) for completion for each activity contained in the Action Plan.

Each Action Plan contained the following components:

- Goals and Objectives for improving Calhoun County Health Issues
- Performance measures with measurable and time-framed targets
- Policy changes needed to accomplish health objectives
- Designation of accountable persons and organizations for implementing strategies
- Measurable health outcomes or indicators to monitor progress

It should be noted that each team discussed whether there were policy changes required



in order to accomplish the specific Objective associated with their Action Plan. The teams decided either there were no policy changes required or needed policy changes would emerge through the activities within the Action Plan and would be addressed and added to the Action Plan. A presentation with the evaluation measure of “Approval Obtained” was identified for these specific Action Plans with identified policy changes.

The final product is presented on the following pages.



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Priority Issue 1: Poverty					
Goal: Reduce poverty in Calhoun County.					
Objective 1: Reduce poverty from 25.9% to 15.9% by August 31, 2016.					
Strategy 1: Implement financial planning workshop for community.					
Accomplishments for objective 1: No community members volunteered to participate for task force. Strategy to be reevaluated at next CHIP Review meeting.					
Baseline Measure/Source: <u>Percent in Poverty Calhoun County, 2011</u> All ages in poverty 25.9% compared to state 17.0% Under age 18 in poverty 31.8% compared to state 25.1% Ages 5-17 in families in poverty 29.9% compared to state 23.5% Florida Legislature Office of Economic and Demographic Research http://edr.state.fl.us					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	Partner with library Workforce development Chamber of Commerce BOCC Department of Health	8/1/2015	No community members volunteered to participate for task force. Strategy to be reevaluated at next CHIP Review meeting.	Poverty Task Force formed.	None
2. Review and revise Action Plan as needed.	Task Force	8/15/2015	No Action Plan. Strategy to be reevaluated at next CHIP Review meeting.	Action plan reviewed/revised.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Research evidence based programs and establish selection criteria to include: a. Focus on entry level financial management and planning b. Rural community c. Evaluation measures d. Success rate of program participants e. Affordability of program f. Applicable to Calhoun County g. Time/length of curriculum	Task Force	9/30/2015		Research completed.	Not completed.

Key Activities	Lead Role& Community Resources	Target Datefor Completion	Status of Progress	Evaluation Measure	Evaluation Results
4. Obtain information about current entry level financial management and planning programs being offered in Calhoun County through the library and workforce development to include: a. Obtain curriculum/materials. b. Develop list of contacts. c. Evaluation/tests d. Number of participants. e. Success rate. f. Evaluation measures. g. Instructors.	Task Force	10/30/2015		Information obtained.	Not completed.
5. Select and modify program(s) based on selection criteria.	Task Force	3/30/2016		Program(s) selected, modified and/integrated.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
6. Develop implementation Plan to include: a. Curriculum/handouts b. Plan for 2014-2015 program delivery c. Plan for 2015-2016 program delivery d. Instructor training plan to include: <ul style="list-style-type: none"> • Identify instructors • Location/timing of delivery of information • Train instructors • Provide materials • Provide evaluation measures e. Evaluation measures f. Schedule g. Sponsor(s)/Incentives h. Logistical plan i. Marketing campaign j. Media plan (Communication plan & Marketing materials)	Task Force	3/30/2016		Implementation Plan developed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
<p>7. Develop implementation Plan to include:</p> <ul style="list-style-type: none"> a. Curriculum/handouts b. Plan for 2014-2015 program delivery c. Plan for 2015-2016 program delivery d. Instructor training plan to include: <ul style="list-style-type: none"> • Identify instructors • Location/timing of delivery of information • Train instructors • Provide materials • Provide evaluation measures e. Evaluation measures f. Schedule g. Sponsor(s)/Incentives h. Logistical plan i. Marketing campaign j. Media plan (Communication plan & Marketing materials) 	Task Force	3/30/2016		Implementation Plan developed.	

Key Activities	Lead Role& Community Resources	Target Datefor Completion	Status of Progress	Evaluation Measure	Evaluation Results
8. Develop Presentation for community partners to include: a. Need for program b. Program benefits c. Implementation Plan d. Multi-media needs e. Speaker(s) f. Handouts	Task Force	4/30/2016		Presentation developed.	
9. Schedule and deliver presentation to include: a. Location b. Date/time c. Sponsor(s) d. Incentives e. Invitations f. Flyers/Posters g. Handouts h. Feedback form	Task Force	05/30/2016		Presentation scheduled and delivered. Get feedback from community partners. List of meeting participants.	
10. Modify program and implementation plan based on community partner feedback, if needed.	Task Force	6/30/2016		Program and Implementation plan modified.	

KeyActivities	Lead Role & Community Resources	Target Datefor Completion	Status of Progress	Evaluation Measure	Evaluation Results
11. Begin 2014-2015 Implementation plan.	Task Force	8/30/2016		Implementation plan started. Program materials printed. Instructor training conducted. Participants registered. Program delivered. Evaluation data collected.	
12. Analyze and summarize data.	Task Force	6/30/2017		Evaluation data summarized.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
13. Collect poverty data from Florida Legislature Office for Economic & Demographic Research.	Task Force	6/30/2017		Calhoun and State rates for: All ages in poverty. Under age 18 in poverty. Ages 5-17 in families in poverty.	
14. Modify program and implementation plan based on data summary.	Task Force	7/30/2017		Program and Implementation plan modified.	
15. Provide feedback to community partners if needed to include: a. Develop presentation b. Schedule presentation c. Deliver presentation	Task Force	7/30/2017		Feedback to School Board provided.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
16. Begin 2015-2016 Implementation plan.	Task Force	8/30/2017		Implementation plan started. .Instructor training conducted. Participants registered. Program delivered. Evaluation data collected.	
17. Analyze and summarize data.	Task Force	6/30/2018		Evaluation data summarized.	
18. Collect poverty data from Florida Legislature Office for Economic & Demographic Research.	Task Force	6/30/2018		Calhoun and State rates for: All ages in poverty. Under age 18 in poverty. Ages 5-17 in families in poverty.	
19. Evaluate and compare to baseline for 2014-2015 and 2015-2016 programs.	Task Force	8/30/2018		Reduced poverty from 25.9% in 2011 to 15.9%.	
20. Provide feedback to community partners if needed to include: a. Develop presentation b. Schedule presentation c. Deliver presentation	Task Force	8/30/2018		Feedback to School Board provided.	

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Priority Issue 2: Obesity					
Goal: Decrease obesity in Calhoun County.					
Objective 1: Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.					
Strategy 1: Develop community nutrition activities/education.					
Accomplishments for objective 1: As of August 18, 2015, an Obesity Task Force has been formed that includes four community partners. A Community Health Improvement Plan Review meeting was held and attended by 20 members of the community. Along with a 12-week fitness and nutrition challenge, FLASH (Fit Lifestyle Active Strong Healthy), was successfully completed. In addition, the Tai Chi Moving for Better Balance grant was submitted and awarded.					
Baseline Measure/Source:					
Adults who consume at least five servings of fruits and vegetables a day - Calhoun: 21.5% compared to the state 26.2% (Florida CHARTS 2007)					
Adults who are overweight –Calhoun 36.2% as compared to state 37.8% (BRFSS 2010)					
Adults who are obese - Calhoun 34.7% as compared to state 27.2% (BRFSS 2010)					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Restaurants Diners Business Leaders Grocery Stores Farmers Extension Agency Faith Based Schools	9/30/15	Task Force formed.	Task Force formed with four Community Representatives and one Department of Health staff.	

Key Activities	Lead Role& Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
2. Review/Revise Action Plan as needed.	Task Force	10/31/15	During Community Health Improvement Plan meeting on 08/18/2015 Action Plan was reviewed.	Action Plan revised, if needed.	No revision needed.
3. Research and establish selection criteria for best practices in community nutrition activities & education to include: a) Rural community focus. b) Curriculum c) Handouts d) Marketing/Community Awareness campaign with materials e) Presentation materials f) Comprehensive in scope g) Meets target audience	Task Force	11/15/15	a., c., d., e., f., g., h., FLASH Event (Fit Lifestyle Active Strong Healthy) Challenge a., c., d., e., f., g., h., Community Health Improvement Plan (CHIP) Meeting on 08/18/2015.	Best practices researched and selection criteria established.	Success in Liberty / Calhoun communities with 400 plus participants losing over 900 pounds in 12 week period.

Key Activities	Lead Role& Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
4. Research grant opportunities. Write and submit grant.	Florida Department of Health	12/15/15	Tai Chi Moving for Better Balance grant received 07/01/2015	Grant opportunities researched and submitted	Ongoing
5. Draft Implementation Plan to include: a) Coordination with community partners. b) Media campaign. c) Train staff for program. d) Schedule e) Location f) Date/time g) Target groups. h) Evaluation measure. i) Curriculum/Handouts. j) Posters/flyers. k) Sponsor(s). l) Incentives.	Task Force	1/30/16	a. During CHIP meeting 08/18/2015, discussed opportunities and needs with community partners.	Implementation Plan drafted.	
6. Begin Implementation Plan.	Task Force	8/15/16		Plan implemented.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
7. Evaluate and compare to baseline.	Task Force	6/30/17		Increased fruit/vegetable intake in adults by 10% from 21.5% to 31.5%	
8. Evaluate and compare to obesity and overweight BFRSS measures to determine impact.	Task Force	6/30/2017		Adults who are overweight – Calhoun 36.2% as compared to state 37.8%. Adults who are obese - Calhoun 34.7% as compared to state 27.2%.	
9. Determine Next Steps.	Task Force	6/30/2017		Next Steps determined.	

Priority Issue 2: Obesity					
Goal: Decrease obesity in Calhoun County.					
Objective 2: Decrease percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 18% to 13% by June 30, 2016.					
Strategy 1: Establish comprehensive Physical Education Program in schools.					
Accomplishments for objective 2: As of August 18, 2015, an Obesity Task Force has been formed that includes four community partners. A Community Health Improvement Plan Review meeting was held and attended by 20 members of the community.					
Baseline Measure/Source: Obese (i.e., at or above the 95th percentile for body mass index, by age and sex) Calhoun: 18.0% compared to state 11.1% - Florida Youth Tobacco Survey (FYTS) 2012					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department(CHD) Business Leaders Extension Office Chamber Churches Schools	09/30/2015	Task Force formed.	Task Force formed with four Community Representatives and one Department of Health staff.	
2. Review and revise Action Plan as needed.	Task Force	9/30/2015	During Community Health Improvement Plan meeting on 08/18/2015 Action Plan was reviewed.	Action Plan revised, if needed.	

Key Activities	Lead Role& Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Research evidence based programs and establish selection criteria: a. High school students b. Curriculum c. Handouts d. Marketing/Community Awareness campaign with materials e. Presentation materials f. Evaluation measures	Task Force	10/30/2015	Evidence based programs will be researched by newly formed Task Force.	Task force will review a minimum of two programs.	
4. Research grants opportunity, write and submit grants.	Task Force	12/30/2016		Grant opportunities researched, written and submitted.	Ongoing
5. Select program(s) based on Selection Criteria and modify programs as needed.	Task Force	05/30/2016		Program(s) selected and modified if needed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
6. Develop Draft Implementation Plan to include: <ul style="list-style-type: none"> a. Permission slips b. Invitations c. Train staff d. Coordinate with local schools e. Seek community partner f. Sponsor(s) g. Incentives h. Schedule i. Location j. Curriculum/handouts k. Media Campaign l. Evaluation measure(s) 	Task Force	5/30/2016		Draft implementation plan developed.	
7. Develop and deliver presentation for School Board to include: <ul style="list-style-type: none"> a. Multi-media needs b. Handouts c. Speaker(s) d. Location 	Task Force	6/30/2016		Presentation developed and delivered. Receive School Board approval for program.	

Key Activities	Lead Role& Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
8. Modify curriculum and implementation plan based on feedback from School Board presentation, if needed.	Task Force	8/30/2016		Curriculum and implementation plan modified, if needed.	
9. Begin implementation plan to include: a. Permission slips b. Invitations c. Media/marketing campaign d. Program logistics e. Evaluation measures	Task Force	9/30/2016		Implementation plan started. Program(s) delivered. Evaluation data collected.	
10. Analyze and evaluate data.	Task Force	6/30/2017		Decreased percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 18% to 13%.	
11. Determine Next Steps.	Task Force	6/30/2017		Next Steps determined.	

Priority Issue 2: Obesity					
Goal: Decrease obesity in Calhoun County.					
Objective 3: Increase fruit and vegetable intake in high school students by 10% June 30, 2017.					
Strategy 1: Establish nutrition education in the comprehensive Physical Education Program.					
Accomplishments for objective 1: As of August 18, 2015, a School Nutrition Project Task Force has been formed that includes four community partners. A Community Health Improvement Plan Review meeting was held and attended by 20 members of the community.					
Baseline Measure/Source: Need to establish baseline via a survey of high school students in 2015-2016 school year. Obese (i.e., at or above the 95th percentile for body mass index, by age and sex Calhoun: 18.0% compared to state 11.1% - Florida Youth Tobacco Survey (FYTS) 2012 (or most current)					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Lead Superintendent Principals Health Department Teachers Coaches Extension Office	06/30/2015	School Nutrition Project Task Force formed.	School Nutrition Project Task Force formed with four Community Representatives and one Department of Health staff.	

KeyActivities	Lead Role& Community Resources	TargetDate for Completion	Status of Progress	Evaluation Measure	Evaluation Results
2. Review and revise Action Plan as needed.	Task Force	10/30/2015	During Community Health Improvement Plan meeting on 08/18/2015 Action Plan was reviewed.	Action Plan revised, if needed.	No revision needed.
3. Develop self-report survey of high school students on fruit and vegetable intake.	Task Force	10/30/2015		Survey completed.	
4. Coordinate with administration at local high schools and implement survey on fruit and vegetable intake.	Task Force	2/28/2016		Survey administration coordinated and survey implemented.	
5. Analyze and summarize data.	Task Force	3/30/2016		Data summarized.	

KeyActivities	Lead Role& Community Resources	TargetDate for Completion	Status of Progress	Evaluation Measure	Evaluation Results
<p>6. Research Evidence Based programs and establish selection criteria to include:</p> <ul style="list-style-type: none"> a. Rural community focus b. High school students c. Nutrition education curriculum d. Handouts e. Marketing/Community Awareness campaign with materials f. Presentation materials and implementation plan g. Evaluation measures including baseline measure of fruit and vegetable consumption. h. Comprehensive in scope 	Task Force	02/28/2017	a., b., c. During Community Health Improvement Plan meeting on 08/18/2015, a School Nutrition Project Task Force was established. School Dietary Services personnel from each county will be invited to join.	Evidence Based programs researched and selection criteria established.	
7. Research grant opportunities. Write and submit grants.	Task Force	1/30/2017		Grant opportunities researched, written and submitted.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
8. Select and modify programs(s) based on selection.	Task Force	06/15/2017		Program(s) selected and modified if needed.	
9. Develop Draft Implementation Plan to include: <ul style="list-style-type: none"> a. School Board approval b. Training presenters in curriculum c. Coordinating with local schools for scheduling d. Seek community partners e. Permission slips f. Invitations g. Train staff h. Sponsor(s) i. Incentives j. Schedule k. Location l. Curriculum/handouts m. Media Campaign n. Evaluation measure(s) o. Re-survey of fruit and vegetable intake 	Task Force	6/15/2017		Draft implementation Plan developed.	

KeyActivities	Lead Role & Community	TargetDate for Completion	Status of Progress	Evaluation Measure	Evaluation Results
10. Develop and deliver presentation to School Board to include: a. Multi-media needs b. Handouts c. Speaker(s) d. Location	Task Force	07/15/2017		Presentation developed, delivered, and approved. List of meeting participants.	
11. Begin implementation plan.	Task Force	8/30/2017		Implementation plan started. Data collected for 2015-2016 measure of fruit and vegetable consumption. Program implemented. Post-program data collected on fruit and vegetable consumption. Other evaluation data collected.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
12. Evaluate and compare to baseline and compare to FYTS 2012 (or most current) obesity baseline.	Task Force	6/30/2018		Fruit and vegetable intake increased by 10% as compared to 2015-2016. Pre/post data collected as part of program. Obese (i.e., at or above the 95th percentile for body mass index, by age and sex) Calhoun: 18.0% compared to state 11.1% (FYTS 2012)	

Priority Issue 2: Obesity					
Goal: Decrease obesity in Calhoun County.					
Objective 4: Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2016.					
Strategy 1: Develop community physical fitness activities.					
Accomplishments for objective 3: As of August 18, 2015, a FLASH (Fit Lifestyle Active Strong Healthy) Task Force has been formed that includes seven community partners. A 12-week fitness and nutrition challenge, FLASH, was successfully completed. In addition, the Tai Chi Moving for Better Balance grant was submitted and awarded.					
Baseline Measure/Source: Adults who meet moderate physical activity recommendations Calhoun: 33.5% compared to state 34.6% (Florida BRFSS 2007)					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	County Health Department (CHD) Senior citizens Extension Office Business Leaders Chamber of Commerce Community and Faith Based Organizations	9/30/2014	FLASH Task Force formed including DOH and two community agencies.	FLASH Task Force formed.	Completed.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
2. Review and revise Action Plan as needed.	Task Force	10/31/2014	Action Plan reviewed, no revision needed.	Action Plan reviewed and revised.	Action plan reviewed and approved by FLASH Task Force.
3. Research evidence based programs to include: a. Rural community focus. b. Curriculum c. Handouts d. Marketing/Community Awareness campaign with materials e. Presentation materials f. Evaluation measures.	Task Force	10/31/2014	FLASH Task Force researched evidence based programs and developed a tailored fitness challenge for all local communities within Liberty and Calhoun counties.	Programs researched.	Fitness program chosen for 12 week challenge.
4. Research grant opportunity. Write and submit grants	Task Force	1/30/2015	Grants researched.	Grant opportunity researched, written and submitted.	Awarded Tai Chi Moving for Better Balance.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
5. Write Selection Criteria and develop Draft Implementation to include: <ul style="list-style-type: none"> a. Rural community focus. b. Handouts c. Marketing/Community Awareness campaign d. Presentation materials e. Evaluation measures f. Posters g. Incentives. 	Task Force	1/30/2014	FLASH Task Force selected criteria and developed an implementation draft, which included pertinent key activities.	Selection Criteria written and Draft Implementation developed.	Completed and executed key activities.
6. Develop and deliver presentation to community organizations to include: <ul style="list-style-type: none"> a. Multi-media needs b. Handouts c. Speaker(s) d. Location. e. Evaluation of presentation. 	Task Force	7/15/2014	Presentation delivered to community partners.	Presentation developed and delivered.	Presentation delivered and accepted by community partners.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
7. Begin implement plan.	Task Force	8/30/2014	Began 12 week fitness challenge program, 10 activities offered per week. Meal plans issued weekly. Gathered data from all participants one week prior to beginning challenge.	Implementation plan started. Program delivered. Evaluation data collected.	Initial program data and attendance was over 400 participants.
8. Evaluate and compare to baseline.	Task Force	6/30/2015	Completed	Increased moderate activity by 5% from 33.5% to 38.5% as compared to the 2007 BRFSS data.	Successfully increased participants moderate activity by 5%; by way of comparing collected participant data to 2007 BRFSS data.

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Priority Issue 3: Risky Youth Behaviors					
Goal: Reduce risky behaviors in youth in Calhoun County.					
Objective 1: Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19.					
Strategy 1: Establish educational program within community to reduce teen pregnancy rates.					
Accomplishments for objective 1: Priority Issue added to CHIP during Action Plan Review Meeting held on August 18, 2015.					
Baseline Measure/Source: <u>Percent in Teen Pregnancy Rate Calhoun County, 2014</u> Calhoun County 54.6 per 1000 females 15-19 in contrast to the state comparison of 21.9 per 1000 females 15-19 Florida Department of Health CHARTS http://www.floridacharts.com/charts/default.aspx					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	Department of Health Calhoun County School District Parents of school students Calhoun County Extension Office	12/30/2015		Risky Youth Behaviors Task Force formed.	
2. Create Action Plan.	Task Force	02/28/2016		Action plan created.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Research and establish selection criteria for reducing teen pregnancy rates to include: a) Rural community focus. b) Curriculum c) Handouts d) Marketing/Community Awareness campaign with materials e) Presentation materials f) Comprehensive in scope g) Meets target audience	Task Force	05/30/2016		Best practices researched and selection criteria established.	
4. Research grants opportunities. Write and submit grant.	Florida Department of Health	ongoing		Grant opportunities researched and submitted	Ongoing

KeyActivities	Lead Role& Community Resources	Target Datefor Completion	Status of Progress	Evaluation Measure	Evaluation Results
5. Draft Implementation Plan to include: a) Coordination with community partners. b) Media campaign. c) Train staff for program. d) Schedule e) Location f) Date/time g) Target groups. h) Evaluation measure. i) Curriculum/Handouts. j) Posters/flyers. k) Sponsor(s). l) Incentives.	Task Force	06/30/16		Implementation Plan drafted.	
6. Begin 2015-2016 Implementation plan.	Task Force	8/30/2016		Implementation plan started.	
7. Analyze and summarize data.	Task Force	6/30/2017		Evaluation data summarized.	
8. Modify program and implementation plan based on data summary.	Task Force	7/30/2017		Program and Implementation plan modified.	

KeyActivities	Lead Role& Community Resources	Target Datefor Completion	Status of Progress	Evaluation Measure	Evaluation Results
9. Provide feedback to community partners if needed to include: a. Develop presentation b. Schedule presentation c. Deliver presentation	Task Force	7/30/2017		Feedback to School Board provided.	
10. Begin 2015-2016 Implementation plan.	Task Force	8/30/2017		Implementation plan started.	
11. Analyze and summarize data.	Task Force	6/30/2018		Evaluation data summarized.	
12. Evaluate and compare to baseline for 2016-2017 and 2017-2018 programs.	Task Force	8/30/2018		Reduced teen pregnancy rates by 3%.	
13. Provide feedback to community partners if needed to include: a. Develop presentation b. Deliver presentation	Task Force	10/30/2018		Feedback to School Board provided.	

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ACTION PLAN LINKAGES

The Community Health Improvement Project planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities. This process follows the guidelines of the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community.

The Calhoun County CHIP identifies the priorities, goals, objectives, and strategies for the public health system within Calhoun County. Through the integrated efforts of the health department and community partners, the desired health outcomes can be addressed in a systematic and accountable manner.



This CHIP plan provides a framework to promote greater collaboration across the organization and with external community partners, supports a comprehensive approach to public health service delivery within the 10 Essential Services of Public Health, and provides leverage to address the needs of Calhoun County residents and the larger Florida Department of Health community.

Using the NACCHO model for strategic planning, this CHIP plan can be integrated with the Florida Department of Health in Calhoun County Strategic Plan, and is informed by the Community Health Assessment. The CHIP plan can serve as the guiding force for the health department's activities and direction for the next five years, as well as coordinate

community health partners' efforts within the three health issue areas. The strategies and activities identified in this plan are specific standards for achievement designed to evaluate and measure success and impact.

The CHIP plan is aligned with the following:

- Florida Department of Health's State Health Improvement Plan 2012-2018
Representing the plan for the Florida public health system, this document enables the network of state and local health partners to target and integrate health improvement efforts.
http://www.doh.state.fl.us/Planning_eval/Strategic_Planning/SHIP/FloridaSHIP2012-2015.pdf
- Healthy People 2020
This U.S. Department of Health and Human Services program provides 10-year objectives for improving the health of all U.S. residents.
<http://www.healthypeople.gov/2020/Consortium/HP2020Framework.pdf>
- National Prevention and Health Strategies 2011
Developed by the National Prevention Council at the U.S. Department of Health and Human Services, Office of the Surgeon General, 2011, these strategies aim to guide the nation in the most effective and achievable means for improving health and well-being.
<http://www.surgeongeneral.gov/initiatives/prevention/index.html>

The tables on the following pages identify the linkages between the Calhoun County CHIP and each of the above referenced plans.

Alignment					
Calhoun County CHIP 1.1	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Community Redevelopment and Partnerships				
Goal: Reduce poverty in Calhoun County. Objective: Reduce poverty from 25.9% to 15.9% by August 31, 2016.	Goal CR1	Integrate planning and assessment processes to maximize partnerships and expertise of a community in accomplishing its goals.	Environmental Health Goal	Promote health for all through a healthy environment.	Support and expand cross-sector activities to enhance access to high-quality education, jobs, economic opportunity, and opportunities for healthy living (e.g., access to parks, grocery stores, and safe neighborhoods).
			Educational and Community-based Programs Goal	Increase the quality, availability and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	Coordinate investments in transportation, housing, environmental protection, and community infrastructure to promote sustainable and healthy communities.

Alignment					
Calhoun County CHIP 2.1., 2.2, 2.3, 2.4	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Chronic Disease Prevention				
<p>Goal: Decrease obesity in Calhoun County.</p> <p>Objective 1: Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2015.</p> <p>Objective 2: Decrease percentage of high school students reporting BMI at or above the 95th percentile by 5% from 15.1 to 10.1 by June 30, 2016.</p> <p>Objective 3: Increase fruit and vegetable intake in high school students by 10% by June 30, 2016.</p> <p>Objective 4: Increase percentage of adults who meet moderate activity by 5% from 28.7 to 33.7 by June 30, 2016.</p>	Goal CD1	Increase the percentage of adults and children who are a healthy weight.	Nutrition and Weight Status Goal	Promote health and reduce chronic disease risk through the consumption of healthful diets and achievement and maintenance of healthy body weights.	Support research and programs that help people make healthy choices (e.g., understand how choices should be presented).
	Goal CD2	Increase access to resources that promote healthy behaviors.	Educational and Community-based Programs Goal	Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	<p>Provide tools, guidance, and best practices to promote positive early childhood and youth development and prevent child abuse.</p> <p>Identify and address barriers to the dissemination and use of reliable health information.</p> <p>Support coordinated, comprehensive, and multicomponent programs and policies to encourage physical activity and physical education, especially in schools and early learning centers.</p>
	Community Redevelopment and Partnerships				
	Goal CR2	Build and revitalize communities so people can live healthy lives.	Social Determinants Goal	Create Social and Physical environments that promote good health for all.	Enhance capacity of state, tribal, local, and territorial governments to create healthy, livable, and sustainable communities (e.g., increase access to healthy food and opportunities for physical activity, revitalize brownfields, enhance alternative transportation options, and develop green facilities and buildings).

Alignment					
Calhoun CountyCHIP 3.1	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Community Redevelopment and Partnerships				
Goal: Risky Youth Behaviors Objective 1: Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15.19. .					

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Community Health Improvement Plan: Next Steps

Community Health Improvement Plans (CHIPs) are detailed work plans that guide communities through their action steps in order to address priorities that have been defined in the community health profile through community input and review of local health data.

The Calhoun County Community Health Improvement Team developed three action plans for the key health issues of Obesity and Poverty.

These action plans:

- Provide a framework for planning the work needed to achieve the objectives;
- Provide justification as to why funds are needed and how they will be used, imparting credibility to the organization or agency;
- Provide a guide for accomplishing the work within the given time period; and
- Communicate specific action-oriented approaches and measures for impact which can be shared with all interested parties.

The Calhoun County Community Health Improvement Committee will work with other community health partners to implement and evaluate each action plan activity for success and impact. Implementation of the action plans will ultimately strengthen the public health infrastructure, enhance the planning, research and development of community health partnerships, and promote and support the health, well-being, and quality of life of Calhoun County residents. It is recommended that the Community Health Improvement Committee review the implementation on an annual basis to update the information and to continually, and collaboratively, improve the health of Calhoun County.



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Community Health Improvement Plan: Revisions

On December 17, 2014 the Florida Department of Health Calhoun held a CHIP Action Plan Review meeting. After reviewing how community members met and developed the CHIP, which involved creating an action plan that focused on program planning, implementation, and evaluation we reviewed the action plan and each goal and strategy. Revisions were made to each priority issue, goal objective and strategy. Revisions were also made to key activities, lead roles and community resources, target dates for completion, status of progress and evaluation measures.

The committee decided to appoint individuals to be in charge of forming a task force for each priority issue.

On August 18, 2015 the Florida Department of Health Calhoun held a CHIP Action Plan Review meeting. After status updates of previous actions and reviewing strategies, we discussed a new objective that we felt needed to be addressed and hopefully added to the CHIP, Risky Youth Behaviors which included teen pregnancy information. After reviewing teen pregnancy statistics for Calhoun County it was decided to add Risky Youth Behaviors as a Priority issue with the objective of Reducing teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19. A Task Force is being developed for this objective.

During the November 2015 River Bend Health Advisory Committee (RBHAC) meeting, the committee agreed to adopt the CHIP. The committee agreed this meeting was already established and attended by most of the same key partners, this would be the best action to take to review and update the CHIP as needed. At the July 19, 2016 RBHAC meeting, the CHIP was reviewed, after discussion among members the following changes were agreed upon. All members agreed these changes will be reflected in the 2016 Annual Report.

- Strategic Issue Area #2: Obesity Goal: Decrease Obesity in Calhoun County
Strategy 2: Establish comprehensive Physical Education Program in schools
Revision: Objective target date will be extended.
- Strategic Issue Area #2: Obesity Goal: Decrease Obesity in Calhoun County
Strategy 3: Establish nutrition education in Calhoun County high schools.
Revision: Change objective: Establish nutrition education in high schools by June 30, 2017.



APPENDICES

Appendix A: Goals & Strategies Workshop— May 7, 2013

Email to workshop participants

Dear Community Health Partners:

We had a great Forces of Change workshop on April 9th, and had participation from a number of agencies in the Calhoun County community. We have 2 more workshops to go and need your help!

The Florida Department of Health, in partnership with the Calhoun Liberty Hospital, are working on the Community Health Improvement Plan for Calhoun County. Our next step is to review the health-associated data for both counties and identify strategic priorities and goals. The last workshop will involve creating an Action Plan for improving the health of community residents. Your experience and expertise is a critical! Please plan on attending both remaining workshops.

PLEASE SAVE THESE DATES (Calhoun County will be working together in these workshops):

May 7 (Tuesday) 9:00am - 2:00pm EST (includes working lunch) Strategic Priorities & Goals Workshop

May 23 (Thursday) 9:00am - 4:00pm EST (includes working lunch) CHIP Session

All workshops will be held at:

Veteran's Memorial Civic Center
10405 NW Theo Jacobs Lane, Bristol, Florida 32321

NOTE: All times are Eastern Standard Time (EST).

For more information and to RSVP, contact Susan Chafin at susan_chafin@doh.state.fl.us or call (850) 643-2145.

Thank you in advance. We look forward to working with you on this valuable project!

Workshop Participants

Calhoun County Community Health Improvement Project
Goals & Strategies Workshop
May 7, 2013 Sign-In Sheet

Name/Title	Organization
Nathan Ebersole	Calhoun-Liberty Hospital
SuzanneMason	Calhoun County School District
Kristy Terry	Calhoun County Chamber
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Peggy Deason-Howland, RN	Florida Department of Health – Calhoun & Liberty Counties Healthy Start
Susan Chafin	Florida Department of Health – Calhoun & Liberty Counties
Melissa L’Heureux	Florida Department of Health – Calhoun & Liberty Counties
Rhonda Lewis	Liberty County Emergency Management
Sharon Gaskin	North Florida Child Development, Inc.
Curtis Green	North Florida Child Development, Inc.
Regina Burgess, Liberty County Branch Manager	Northwest Regional Library System
Norrie Chumley, Diabetes Clinical Coordinator, PAHN	Panhandle Area Health Network
Dan Yoder	Retired/Rivertown Community Church
Donnie Read	Twin Oaks Juvenile Development

Workshop Agenda



Calhoun County Community Health Improvement Project:

Forces of Change Workshop

May 7, 2013 Agenda

May 7, Tuesday – 9:00am-2:00pm
Florida Department of Health in Calhoun County
Veteran's Memorial Civic Center
10405 NW Theo Jacobs Lane, Bristol, Florida 32321

- | | |
|-------------------|---|
| 9:00am - 9:15am | Introductions & Workshop Logistics Review |
| 9:15am – 9:45am | Participants will review Calhoun County data for health issues |
| 9:45am - 10:15am | Participants will identify key health issues <ul style="list-style-type: none">• Based on their data review, participants will collaboratively group the health issues• Participants will “name” the category for each grouped health issue |
| 10:15am – 10:45am | Participants will be assigned to workgroups to: <ul style="list-style-type: none">• Identify <u>Health Resources</u> - Identify all resources for achieving a Healthy Calhoun County (e.g., community groups, policies, funding, state/federal partners, etc.)• Identify <u>Health Challenges</u> – Identify “What gets in the way of achieving a Healthy Calhoun County?” (e.g., insufficient resources, lack of community support, legal or policy impediments, or technological difficulties) |
| 10:45am – 11:15am | Strategic Planning <ul style="list-style-type: none">• Individuals will self-assign into an “Issue” workgroup• Each workgroup will identify a GOAL statement for their issue(s) |
| 11:15am – 11:30am | Workgroup Round-Robin Review <ul style="list-style-type: none">• Workgroups will review results of other workgroups & provide feedback |

11:30am-12:00pm	Lunch (Lunch will be provided) Networking and community health partnership building.
12:00pm – 12:30pm	Strategic Planning (continued) <ul style="list-style-type: none"> Each workgroup will identify STRATEGIES to accomplish that GOAL
12:30pm – 12:45pm	Workgroup Round-Robin Review <ul style="list-style-type: none"> Workgroups will review & provide feedback for other workgroups
12:45pm – 1:15pm	Strategic Planning (continued) <ul style="list-style-type: none"> Workgroups will fine tune their GOAL statement and STRATEGIES Workgroups will identify BARRIERS for each STRATEGY
1:15pm – 1:30pm	Strategic Planning (continued) <ul style="list-style-type: none"> Workgroups will complete the IMPLEMENTATION section of the Priorities/Strategies Plan <ul style="list-style-type: none"> Estimated TIMELINE LEAD/TEAM MEMBERS RESOURCES
1:30pm - 1:45pm	Workgroup Round-Robin Review
1:45pm – 2:00pm	Workshop Summary & Next Steps

KEYTERMS: Goals and strategies provide a connection between the current reality (what the public health system and the community's health looks like now) and the vision (what the public health system and community's health will look like in the future).

Goals

- Broad, long-term aims that define the desired result associated with identified strategic issues.
- Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: How can the public health community ensure access to population-based and personal health care services?

Goal: All persons living in our community will have access to affordable quality health care.

Strategies

- Patterns of action, decisions, and policies that guide a local public health system toward a vision or goal.
- Broad statements that set a direction & communicate how the community will move in that direction.

Example:

Strategic issue: How can the public health community ensure access to population-based and personal health care services?

Goal: All persons living in our community will have access to high-quality, affordable healthcare.

Strategies:

1. Increase awareness of available services through the development of an online directory of area public health and health care organizations.
4. Develop the capacity to provide culturally and linguistically appropriate services.
5. Increase education and outreach efforts so that all residents are aware of the population-based and personal health care services available in the community.

For more information:

http://www.doh.state.fl.us/compass/Resources/FieldGuide/2008_Version/6Goals.pdf

Workshop Summary Notes

Health Issues & Do-able Activities

Alcohol and Substance Abuse

- Births to teens 15-19(9)
- STD's
- ↑rate of substance abuse
- ↑alcohol use in teens
- Middle school alcohol use
- Substance abuse of students(3)
- Repeat births(2)
- Lack of supervision
- Criminal homicide
- Suicide
- Socio-economic only
- Population over 25 without diploma
- Sexual activity
- Child passenger killed in motor vehicle crash
- Mental health 12-18

Doable

- Continue education in schools on effects of alcohol abuse (6)
- Increase availability of entertainment/activities (1)
- Educate – completely
- Counseling made available
- Stop excusing substance abuse
- Tighten up access to alcohol

Educational Issues

- ↑ # of adults with zero high school diploma (2)
- High school graduation rate (2)
- Learning environment absent 21 days+ (2)
- High school diploma rate need improvement
- Lack of training on handling money
- V- Pre-K participation
- No high school education
- Children not promoted, elementary
- High school asthma
- Median household income
- Birth to mothers 15-19
- Birth to mothers born in other countries

Do-able

- Calhoun – Liberty Vo-Tech (4)
- Promote the importance of education (3)
- Increase vocational programs (1)
- Increase educational funding (grants, scholar)
- Mentoring programs
- Encouraging community support of educators

Cancer

- Cervical cancer death and incidence rate (4)
- Lung cancer
- ↑ rate colorectal cancer

Do-able

- Education on the importance of lifestyle choices when you are young (5)
- Early detection screening (2)
- Annual exams
- Educate*
- Explore environmental contributors to cancer – safety of water supply
- See 1-4 on tobacco
- Screening at local events

Cardiovascular Disease

- Coronary heart disease (4)
- ↑ Stroke rate (2)
- Heart problems
- Awareness of risk factors for heart disease
- Chronic heart failure

Do-able

- Encourage healthy community (5)
- ↑ Interventions to ↑ compliance (2)
- ↑ Education/awareness of importance of lifestyle changes
- Promote physical activity (1)
- Education on healthy lifestyle and eating (1)
- More recreation, parks, etc.

Diabetes

- Diabetes age adjusted death rate
- Diabetes (3)
- Awareness and information on diabetes
- ↑ DM rate

Do-able

- Encourage healthy community (4)
- Educate (3)
- Initiate ↑ # of community risk screenings (1)
- More parks, recreation, gyms, etc.
- Education on healthy foods – how to read food labeling
- Promote healthy food eating habits for students → school lunch programs

Domestic Violence

- Domestic violence (2)

Do-able

- Promote availability of resources
- Promote education
- Empowerment
- Educate law enforcement
- As income rises – violence decreases
- Education of pastors on how to deal with domestic violence
- Safe house

Health Insurance

- Failure of care
- Ratio of primary physicians per resident is low
- No health insurance
- Uninsured
- Healthcare availability
- ↓ # of adults with health insurance
- Dental care
- Poor health of newborns
- Access to preventative dental care
- Births covered by Medicaid

Do-able

- Encourage new industry (1)
- Manage affordability
- Educate on availability government health insurance programs (5)
- Improve the availability of specialists
 - Develop “Kid Care” program for adults
 - Develop local “Coops” to provide health uninsured

Obesity

- Adults need more moderate physical activities (7)
- Obesity/overweight(7)
- Adults – no leisure-time activity (2)
- Adults need to consume more fruits and vegetables (2)
- Obesity in middle and high school students (2)
- Healthy foodoptions
- Coronary heart disease
- Stroke
- Heart failure
- Lung cancer
- Cervical cancer
- Diabetes
- ↓BFrates

Doable

- Continue community based fitness programs (6)
- Initiate education beginning in pre-K – comprehensive involving families (1)
- Mandate physical education in all grades (1)
- Promote healthy eating through the school lunch programs (1)
- Praisefitnessstandardsin workplacecommunity based education/activities

Poverty Level

- Median income
- Low income(below poverty) (2)
- Education and income
- ↓ low income, ↑ # living at poverty level
- ↑ poverty rate
- Annual wages
- Single parent households
- Employment opportunities

Doable

- Stress importance of education to students (4)
- Encourage new industry (1)
- Vocational/technical education
- Make students aware of career opportunities
- Require or offer financial planning courses in high school

Tobacco Use

- Smoking/tobacco use(6)
- Births to mothers who smoked during pregnancy(2)
- Lung cancer(2)Smoking rates
- Tobacco use among adults
- Chronic lower respiratory rate

Do-able

- Continue school education programs (4)
- Educate (2)
- Promote availability of cessation programs (1)
- Cessation programs
- Continue funding for evidence-based programs
- Explore and implement new laws/ordinances that restrict tobacco use

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Appendix B: CHIP Workshop – May 23, 2013

Email to workshop participants

We had a great workshop on May 7th – thank you to everyone who attended and participated in developing strategic goals and priorities. Please be sure to bring back the data folders for Calhoun County. We will use these as we develop the Action Plans.

The next step in our Community Health Improvement Planning Project is the final workshop where the Action Plan for improving the health of Calhoun County will be developed. We need your participation in this workshop in order to develop a realistic and action-oriented plan for implementation. Measures for impact and success will be detailed, and specific activities for achieving success will be identified.

Please join us on May 23rd - your experience and expertise is vital to this process. If you are unable to attend, please send a representative from your organization.

Lunch and snacks will be provided at the workshop. Please RSVP to Susan Chafin at susan_chafin@doh.state.fl.us, and let her know if you have any dietary restrictions.

Date: CHIP Session May 23, 2013

Time: 9:00am-4:00pm (EST)

Location: Veteran's Memorial Civic Center

10405 NW Theo Jacobs Lane, Bristol, Florida 32321

Thank you in advance. We are looking forward to your valuable input at these workshops.

CHIP Workshop Participants

Florida Department of Health in Calhoun County
Community Health Improvement Project
CHIP Workshop
May 23, 2013 Sign-In Sheet

Name/Title	Organization
April Landrum	Apalachee Center
David Taylor	Chemical Addiction Recovery Effort (CARE)
Nathan Ebersole	Calhoun-Liberty Hospital
Kristy Terry	Calhoun County Chamber
Jim Pruette	Chipola Adolescent Pregnancy Prevention (CAPP)
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Sally S. Mayo, Senior Registered Nurse Supervisor	Department of Corrections
Diann Smith, Senior Health Services Administrator	Department of Corrections
Susan Chafin	Florida Department of Health – Calhoun & Liberty Counties
Kelly King	Florida Department of Health – Calhoun & Liberty Counties
Melissa L'Heureux	Florida Department of Health – Calhoun & Liberty Counties
Rachel Manspeaker	Florida Department of Health – Calhoun & Liberty Counties
Vanessa O'Neal	Healthy Start - Florida Department of Health – Calhoun & Liberty Counties
Rhonda Hall	Life Management Center
Curtis Green	North Florida Child Development, Inc.
Regina Burgess, Liberty County Branch Manager	Northwest Regional Library System
Norrie Chumley, Diabetes Clinical Coordinator, PAHN	Panhandle Area Health Network
Dan Yoder	Retired/Rivertown Community Church
Renee Crawford	Ruth Attaway CPA

CHIP Workshop Agenda



Calhoun County Community Health
Improvement Project:

CHIP Workshop

May 23, 2013 Agenda

May 23, Thursday – 9:00am-4:00pm
Florida Department of Health in Calhoun County
Veteran's Memorial Civic Center
10405 NW Theo Jacobs Lane, Bristol, Florida 32321

- | | |
|-------------------|--|
| 9:00am – 9:15am | Introductions
Workshop Logistics Review |
| 9:15am - 9:45am | Workgroup Assignments
Participants will be assigned to a workgroup to prioritize issues.
<input type="checkbox"/> Review Strategic Priorities & Goals from May 7, 2013 workshop
<input type="checkbox"/> Review Calhoun County Health data |
| 9:45am – 10:15am | Prioritize Goals
<input type="checkbox"/> Identify Do-able issues – Which Issues/Goals can be <u>realistically</u> impacted in the next 2 years?
<input type="checkbox"/> Identify Barriers to Action – What barriers <u>must be</u> addressed in order to impact the issue? |
| 10:15am – 10:30am | Group Decision Making
<input type="checkbox"/> Issues/goals will be prioritized using nominal group technique.
<input type="checkbox"/> Top 2-3 issues/goals for the County will be selected for development in the Community Health Improvement Plan. |
| 10:30am – 10:45am | Goal for each Health Issue
<input type="checkbox"/> Participants will self-select into an issue and work together to develop a Goal for the issue. |
| 10:45am - 11:00am | Group Review of Goals
<input type="checkbox"/> Groups will review each other's work and provide feedback |

11:00am - 11:45am	<p>SMART Objectives for each Goal (Issue)</p> <p><input type="checkbox"/> Participants will develop SMART Objectives for the Goal</p>
11:45am - 12:15pm	Lunch Break (Lunch provided & networking)
12:15pm – 12:45pm	<p>SMART Objectives</p> <p><input type="checkbox"/> Participants will review each other's work and provide feedback.</p> <p><input type="checkbox"/> Feedback will be used to refine Goal and SMART Objectives.</p>
12:45pm – 1:30pm	<p>ACTIVITIES for Action Plan</p> <p><input type="checkbox"/> Each workgroup will identify the ACTIVITIES for each OBJECTIVE in their Action Plan.</p>
1:30pm-1:45pm	<p>Group Review</p> <p><input type="checkbox"/> Workgroups will review each other's work and provide feedback.</p>
1:45pm – 2:30pm	<p>Action Plan Completion</p> <p><input type="checkbox"/> For each OBJECTIVE in their Action plan, workgroups will identify:</p> <ul style="list-style-type: none"> • Lead Role & Community Resources • Target Date for Completion • Evaluation Measure. • <u>NOTE</u> – the Action Plan will end with measuring against the baseline measure to determine impact/success
2:30pm – 3:00pm	<p>Group Review</p> <p><input type="checkbox"/> Workgroups will review each other's work and provide feedback.</p>
3:00pm – 3:30pm	<p>Action Plan Final Revision</p> <p><input type="checkbox"/> Based on feedback, workgroups will finalize their Action Plan(s).</p>
3:30pm – 3:45pm Summary	Community Health Improvement Plan Workshop

Next Steps

A Community Health Improvement Plan (CHIP) has been defined as “a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process.”

CHIP:

- ☐ Serves to address issues, roles, and common goals and objectives throughout the community.
- ☐ Is used to coordinate efforts and target resources that promote health.
- ☐ Guides action and monitors and measures progress toward achievement of goals and objectives.
- ☐ Often used as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

GOAL:

- ☐ Broad, long-term aims that define the desired result associated with identified strategic issues.
- ☐ Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: Access to population-based and personal health care services.

Goal: All persons living in our community will have access to affordable quality health care.

S-M-A-R-T Objectives

Specific means that the outcome is concrete, detailed, focused and well defined.

Measurable outcomes include units for counting, which determines quantity and comparison.

Achievable outcomes are feasible, reasonable and actionable.

Realistic outcomes add value or contribute to the accomplishment of the goal.

Time limited means there is a deadline(s) for completion.

Example:

Strategic issue: Access to population-based and personal health care services

Goal: All persons living in our community will have access to affordable quality health care.

Objective:

1. Develop an online directory of area public health and health care organizations by June 30, 2014.
2. Advertise the online directory to community residents at 100% of county facilities (e.g., schools, library, government offices) and primary care and health care facilities by December 30, 2014.

CHIP Workshop Summary Notes - Other Issues

Tobacco and Substance Abuse

- Role model to visit schools
- Continue education in schools on affects of alcohol and substance abuse.
- Community based cessation classes.
- Retail education/ sting operation.
- Partnering with local hospitals/area resources to try to bring into communities.
- Promote more education and financial import of smoking/substance abuse.
- Community based programs that encourage and facilitate role models in the schools.
- Community based educational workshops, seminars, programs, etc involving tobacco and drug abuse.
- Starting focused clubs early in school focusing on students against tobacco, alcohol, illicit substances. Cooperating with community partners to cover all basis.
- Resolution to band synthetic drugs.
- Education on the affects.

Alcohol and Substance Abuse

- Re-incorporate the "MADD" "SADD" SAIS clubs at high school/ middle school levels to include public awareness/ outing fundraisers.
- Screening tools implemented in software with hospital clinics primary care to determine proactive concepts to offer assistance.
- Additional AA/NA mtg. opportunities.
- Resolution to band synthetic drugs.
- Education in schools of the effects.
- Education regarding financial input of substance/ drug abuse.
- Priority with local area resources in our community.
- Provide opportunities for different providers to go into schools to educate re: SA and MH issues.
- Address the culture of silence beginning @ secondary level and post community- include parents and have babysitting available.
- Increase "free" "fun" activities/ entertainment.
- Retail education- underage.

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Appendix C: CHIP Review Meeting – December 17, 2014

CHIP Meeting Agenda

CHIP Review: Agenda

Liberty and Calhoun County Community
Health Improvement Project:



December 17, 2014
2:00 e.t – 4:00 e.t
Veteran's Memorial Civic Center

2:00pm -2:15pm	Introductions Workshop Logistics Review
2:15pm – 2:30pm	Review Liberty County Strategies <ul style="list-style-type: none">• Education• Obesity
2:30pm – 3:00pm	Partner Discussion: update status of strategies, discuss needed revisions, develop action plans for future strategies.
3:00pm – 3:30pm	Review Calhoun County Strategies <ul style="list-style-type: none">• Poverty• Obesity
3:30pm – 4:00pm	Partner Discussion: update status of strategies, discuss needed revisions, develop action plans for future strategies.

CHIP Meeting Minutes

CHIP Action Plan Review Meeting
December 17, 2014
2:00 e.t. – 4:00 e.t.
Veteran's Memorial Civic Center
Minutes

Attendance:

Rachel Manspeaker – Florida Department of Health Calhoun/Liberty
Susan Chafin - Florida Department of Health Calhoun/Liberty
Melissa L'Heureux - Florida Department of Health Liberty
Kelly King - Florida Department of Health Calhoun/Liberty
Jodi Granger - Florida Department of Health Calhoun/Liberty
Shellie King – Liberty County Extension
Nathan Ebersole – Calhoun Liberty Hospital
Marissa Barfield - Florida Department of Health Calhoun/Liberty
Donnie Read – Twin Oaks Juvenile Development

After everyone signed in and introductions were made Susan Chafin gave a review of how community members met and developed the Community Health Improvement Plan, which involved creating an action plan that focused on program planning, implementation, and evaluation. Each person at the table received a copy of the action plan for both Calhoun and Liberty County. The action plans has the two health goals that were decided on for each county. At this point we went through each goal and strategy and reviewed and revised each priority issue, goal objective and strategy. We also reviewed and revised each key activity, lead role and community resources, target date for completion, status of progress, evaluation measure.

After completing this portion, the committee decided to appoint individuals to be in charge of forming the task force for each priority issue.

Task Force leads:

Obesity – Objective 1: Increase fruit/vegetable intake in adults by 10% from 21.5% (Calhoun & Liberty)

- Kelly King,
- Rachel Manspeaker

Obesity – Objective 2: Decrease percentage of high school students reporting BMI at or above 95% by 5% from 18% compared to state 11.1%.

- Jodi Granger
- Marissa Barfield

Education – Objective 1: Increase high school graduation rate by 10% from 84% to 94% by June 30, 2016.

- Donnie Read

Poverty – Objective 1: Reduce poverty from 25.9% to 15.9% by August 31, 2016.

- Susan Chafin

It was decided after revision were made to the action plans that Susan Chafin would send out the revised action plans to everyone that was at the meeting.

Meeting adjourned

CHIP Meeting Participant Sign In



CHIP Action Plan Review: Participants

Liberty and Calhoun County Community Health Improvement Project:

December 17, 2014

2:00 e.t – 4:00 e.t

Veteran's Memorial Civic Center

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Appendix D: CHIP Review Meeting – December 17, 2014

CHIP Meeting Agenda



Florida Department of Health Calhoun and Liberty County
Community Health Improvement Plan Review Meeting
Florida Department of Health Liberty Conference room
August 18, 2015 3:00 – 4:00 p.m.

AGENDA

Purpose: Solicit input from the community on Community Health Improvement Plan through open two-way dialogue.

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Susan Chafin
Review Previous Minutes	Susan Chafin
Status Update of Previous Actions <ul style="list-style-type: none"> • Item 1: Review Liberty County Strategies <ul style="list-style-type: none"> • Education • Obesity • Item 2: Review Calhoun County Strategies <ul style="list-style-type: none"> • Poverty • Obesity 	Susan Chafin
Introduce Topic <i>Discuss needed revisions to the CHIP based on new data sources.</i>	Susan Chafin
Discuss Supporting Information Review youth risk data to include teen pregnancy information.	Marissa Barfield
Open Floor for Community Input	Marissa Barfield
Consider Possible Directions <ul style="list-style-type: none"> • Strategy/Policy Need 1 – Increase education in schools • Strategy/Policy Need 2 – Increase community awareness of youth risky behaviors 	Susan Chafin
Actions	Susan Chafin
Meeting Evaluation	Susan Chafin
Adjourn	Susan Chafin

CHIP Meeting Minutes 08/18/2015



Florida Department of Health of Calhoun and Liberty County
Community Health Improvement Plan Review Meeting
Florida Department of Health Liberty Conference room
August 18, 2015 3:00 – 4:00 p.m.

COMMUNITY MEETING MINUTES

Purpose:

Solicit input from the community on Community Health Improvement Plan through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin	Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Susan Chafin from Florida Department of Health (DOH) welcomed everyone and reviewed meeting agenda.
Susan Chafin	Review Previous Minutes	Susan Chafin asked those of you involved in 2013 CHIP Action Plan Review Meeting process, please review the minutes from last meeting. Rachel Manspeaker from Florida DOH informed everyone CHIP Action Plan copies are available (paper or electronic).
Susan Chafin	Status Update of Previous Actions <ul style="list-style-type: none"> • Item 1: Review Liberty County Strategies <ul style="list-style-type: none"> ○ Education ○ Obesity • Item 2: Review Calhoun County Strategies <ul style="list-style-type: none"> ○ Poverty ○ Obesity 	Susan Chafin requested task force participants for Education and Obesity in Liberty County and for Poverty and Obesity in Calhoun County. This living document it can be changed as according to the needs of the community.
Susan Chafin	Introduce Topic	Kelly King from Florida DOH introduced main objective to increase high school graduation rate, and decrease poverty.
Marissa Barfield	Discuss Supporting Information	Discussion opened with Marissa Barfield from Florida DOH regarding teen pregnancy rate in Calhoun and Liberty. Related statistics from Florida Charts were given and she noted this may need to be reviewed and added to the Community Health Improvement Plan. Kelly King added, if we

CHIP Meeting Minutes 08/18/2015

Florida Department of Health of Calhoun and Liberty County
Community Health Improvement Plan Review Meeting
Florida Department of Health Liberty Conference room
August 18, 2015 3:00 – 4:00 p.m.

COMMUNITY MEETING MINUTES

		generalize the topic as youth risk and not teen pregnancy we can accomplish more by broadening the topic.
	Open Floor for Community Input	Community input began with Kim Tanner from the Calhoun Co. Sheriff's Office about how often child sexting is occurring. Jenny Baker from Faith Health Ed Econ Wellness Initiative Calhoun Liberty (FHEE WICL) added domestic violence resources are not well known, most agreed. Vicki Davis with the Calhoun County School District added we sometimes have kids from school needing emergency shelter. Discussion between Jenny Baker and Lisa Taylor from Florida DOH regarding existing programs but the resources are not well known. Next meeting we can all bring resources we know about to share. Kim Tanner offered to include others for resource publication from Sheriff's Office.
Susan Chafin	Consider Possible Directions <ul style="list-style-type: none"> • Strategy/Policy Need 1– Increase education in schools • Strategy/Policy Need 2– Increase community awareness of youth risky behaviors 	
Susan Chafin	Actions	
Susan Chafin	Meeting Evaluation	It was decided the third Tuesday is a good day for meetings. Next meeting will be Sept 15, emails will be sent out. Susan Chafin asked everyone to complete the evaluation before leaving.

CHIP Meeting Participant Sign In 08/18/2015



Florida Department of Health in Calhoun and Liberty Counties
Community Health Improvement Plan Review Meeting
Liberty CHD Conference Room
August 18, 2015 - 3:00 pm est

Sign In Sheet

Purpose:

Engage Calhoun and Liberty communities in Healthiest Weight Workshop regarding the Healthiest Weight Florida Initiative through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff)

Name	Organization or Community Representative	Email	Phone
Brynn White	Calhoun Co. Public Library	BrynnWhite@USA.COM	674-8773
Polly Coe	Rivertown's F.T. Spot	pollycoe@yahoo.com	674-8977
Shelli King	Liberty/Calhoun Co. Ext. Office	sdking@ufl.edu	643-2229
Heather Ellerbee	FDOH - Calhoun	heather.ellerbee@flhealth.gov	674-5645
Melissa Lheureux	FDOH - Liberty	melissa.lheureux@flhealth.gov	643-2415
Marissa Barfield	FDOH Calhoun/Liberty	marissa.barfield@flhealth.gov	674-5645
Susan Chafin	FDOH Calhoun/Liberty	Susan.Chafin@flhealth.gov	643-2415
Lisa Taylor	FDOH Calhoun/Liberty	lisa.taylor@flhealth.gov	643-6047
Kelly King	DOH - Calhoun/Liberty	Kelly.King@flhealth.gov	643-2415
Kim Tanner	Calhoun Co. Sheriff's Office	ktanner@calhounsheriff.com	674-9889
Vicki Davis	Calhoun Co. School District	Vicki.davis@calhounschools.org	674-8733
Dr. Ben Thomas	Big Bend AHEC / Big Bend Rural Health	rthomas@bigbendhealth.org	224-1177
Alexandra Washington	Big Bend AHEC	alexandrawashington@bigbendahec.org	224-1177
Matthew Henderson	Florida A&M University	matthew.henderson@yahoo.com	651-5766
Rachel Manspaker	DOH - Calhoun + Liberty		
Chasnee McCaskill	NFCD	cmccaskill@Floridachildren.org	896-0333
Virginia Baker	ETEE WCL INC	vsb03@hotmail.com	850-643-7911
Amy Johnson	FL DOH	amy.johnson@flhealth.gov	643-2415
Nicole Gonzalez	Twin Oaks Quinlan	ngonzalez@bochr.org	850-291-913
Jodi Speciale	FDOH Calhoun/Liberty	Jodi.Speciale@flhealth.gov	643-2415

CHIP Meeting Invitation and Email 08/18/2015

COME JOIN US

✓ Do you want to see healthier Calhoun and Liberty Counties?
✓ Do you have ideas about achieving our Healthiest Weight?

WE WANT TO HEAR FROM YOU!

The Florida Department of Health in Calhoun and Liberty Counties will be hosting an open forum to learn from our communities on how we can achieve our Healthiest Weight.

Bring your ideas!

Possible areas to consider include:

- Physical Activity
- Nutrition
- Marketing/ Community Outreach
- Schools
- Worksites

FORUM DETAILS:

Date: August 18th, 2015
Time: 2-3 pm eastern
Location: Liberty County Health Department
12832 NW Central Avenue
Bristol, FL 32321
For Questions Please Call: Susan Chafin at (850) 643-2415

Mon 9/14/2015 4:18 PM

Chafin, Susan D

FW: Healthiest Weight Community open forum

To: Johnson, Amy

Message HWF mtg flyer.docx (3 MB)

From: Chafin, Susan D
Sent: Tuesday, August 11, 2015 2:30 PM
To: judy.ludlow@ufl.edu; Brinkley, Monica L. <brinkley@ufl.edu>; david.summers@lcsbonline.org; Ralph Yoder <ralph.yoder@calhounflschools.org>; Kristy Terry <kristyhterry@gmail.com>; Ben Hall <benhall48@gmail.com>; chand@calhounclerk.com; Liberty Clerk of Court <kbrown@libertyclerk.com>; Donnie Read <dread@twinoaksfl.org>; ggiordano@baycountyfl.gov; Ben Hall <benhall48@gmail.com>; blangston@libertycountysheriff.org; nfinch@libertycountysheriff.org; Bonnie Wertenberger <wertenbergerb@paec.org>; Davis, Vicki <vicki.davis@calhounflschools.org>; suzann.stoutamire@lcsbonline.org; johnett.wahlquist@lcsbonline.org; maupinr@yahoo.com; ktanner@calhounsheriff.com; Nathan Ebersole <NathanEbersole@calhounlibertyhospital.com>; McCaskill, Chesnee- Calhoun <CMcCaskill@floridachildren.org>; rapunzels05@yahoo.com; shockfitness@gmail.com; derek.causseaux@calhounflschools.org
Subject: Healthiest Weight Community open forum

Hello everyone,

Please see the attached flyer inviting you to a community open forum to discuss how to make Calhoun and Liberty Counties healthier. We want to hear your ideas about achieving our Healthiest Weight. We look forward to seeing you at this important meeting. If you know of anyone else that would be interested in these same goals please feel free to invite them.

Thank you for being such a key community partner.

Susan D. Chafin
Florida Department of Health Calhoun/Liberty
Operations and Management Consultant II
Outreach Coordinator

Mission
To protect, promote & improve the health of all people in Florida through integrated state, county, & community efforts.

Values

Chafin, Susan D
Health Educator Consultant DOH

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Appendix E: Comprehensive List of Community Partners

Comprehensive List of Community Partners	
Name/Title	Organization
April Landrum	Apalachee Center
David Taylor	Chemical Addiction Recovery Effort (CARE)
Nathan Ebersole	Calhoun-Liberty Hospital
Kristy Terry	Calhoun County Chamber
Jim Pruette	Chipola Adolescent Pregnancy Prevention (CAPP)
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Sally S. Mayo, Sr RN Supervisor	Department of Corrections
Diann Smith, Senior Health Services Administrator	Department of Corrections
Susan Chafin	Florida DOH – Calhoun & Liberty Counties
Kelly King	Florida DOH – Calhoun & Liberty Counties
Melissa L'Heureux	Florida DOH – Calhoun & Liberty Counties
Rachel Manspeaker	Florida DOH – Calhoun & Liberty Counties
Vanessa O'Neal	Healthy Start - DOH – Calhoun & Liberty Counties
Rhonda Hall	Life Management Center
Curtis Green	North Florida Child Development, Inc.
Regina Burgess, Liberty County Branch Manager	Northwest Regional Library System
Norrie Chumley, Diabetes Clinical Coordinator, PAHN	Panhandle Area Health Network
Dan Yoder	Retired/Rivertown Community Church
Renee Crawford	Ruth Attaway CPA
Bryanne White	Calhoun County Public Library
Polly Coe	Rivertown Fit Spot
Shelly King	Calhoun/Liberty County Extension Office
Heather Ellerbee	FDOH - Calhoun
Melissa Lheureux	FDOH - Liberty
Amy Johnson	FDOH- Liberty
Vickie Davis	Calhoun County School Board
Dr. Rob Thomas	Big Bend AHEC
Alexandria Washington	Big Bend AHEC
Nicole Gonzalez	Twin Oaks Juvenile Development Inc.
Virginia Baker, PHD	FHEE WICL Inc.
Chesnee McCaskill	North Florida Child Development
Kim Tanner	Calhoun County Sheriff Department
Jodi Speciale	FDOH Calhoun/Liberty

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Community Health Improvement Plan Annual Report, 2015

Florida Department of Health in
Calhoun County

October 2015

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Introduction

This is the annual review report for the 2013 – 2018 Calhoun County Community Health Improvement Plan. The activities and collaborative efforts of the Florida Department of Health in Calhoun County and community partners will be reflected within the report. Existing partners such as the Calhoun-Liberty Hospital and Florida Department of Corrections played a key role in developing the Calhoun County Community Health Improvement Plan (CHIP). This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Calhoun County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report. The CHIP is an action-oriented strategic plan that outlines community-driven goals, objectives, strategies and measures for addressing the following top two health priority areas:

1. Poverty
2. Obesity

Overview of the Community Health Improvement Plan (CHIP)

In May of 2013, the Department of Health in Calhoun County convened the CHIP Planning Team. The Planning Team facilitated the CHIP process through using the National Association of City and County Health Officials' Mobilizing for Action through Planning and Partnership (MAPP) strategic planning model. Subject matter experts from across a diverse group of partners conducted the four assessments suggested by the MAPP process. Individually, the assessment yielded in-depth analyses of factors and forces that impact population health. Taken together, the assessment findings contribute to a comprehensive view of health and quality of life in Calhoun County.

The Planning Team developed findings and presented these findings to the Calhoun County Community Health Improvement Planning group. The group representing 12 agencies and organizations in Calhoun County. The group set priorities through a facilitated consensus process by looking for cross-cutting strategic issues that emerged from the four assessments and reached consensus on two strategic issue areas: Poverty and Obesity. See Table below for Strategic Issue Areas with their goals, developed by a workgroup of subject matter experts.

STRATEGIC ISSUE AREA	GOAL
Poverty	1. Reduce Poverty in Calhoun County
Obesity	1. Decrease obesity in Calhoun County

Summary of CHIP Annual Review Meeting

The CHIP is a living document and an ongoing process. As part of the CHIP process, an annual evaluation report is required to document successes, challenges/barriers, recommendations for changes in the goals, objectives or activities, and the creation of an updated version of the CHIP document. In addition, the annual report identifies the lead community group and the data source being used to monitor progress.

On December 17, 2014 at the CHIP review meeting the Florida Department of Health in Calhoun County led a discussion on Calhoun County's' community health improvement plan. After everyone signed in and introductions were made Susan Chafin gave a review of how community members met and developed the Community Health Improvement Plan, which involved creating an action plan that focused on program planning, implementation, and evaluation. Each person at the table received a copy of the action plan for both Calhoun and Liberty County. The action plans have the two health goals that were decided on for each county. At this point, we went through each priority issue, goal, objective and strategy; we reviewed and revised each topic. We also reviewed and revised each key activity, lead role, community resources, target date for completion, status of progress, and evaluation measure.

After completing this portion, the committee decided to appoint individuals to be in charge of forming the task force for each priority issue.

Building a healthier Calhoun County began as a community-wide initiative with the goal of establishing an ongoing process for identifying and addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Calhoun County residents. The Public Health Accreditation Board defines CHIP as "a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process." The CHIP can be used by health departments, as well as other government, education, or human service agencies, to coordinate efforts and target resources that promote health.

The CHIP serves to address health issues, roles, and common goals and objectives throughout the community. The plan can be used to guide action and monitor and measure progress toward achievement of goals and objectives. The plan, along with a Community Health Assessment (CHA), can be utilized as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

Strategic Issue Area #1: Poverty



Poverty is an important determinant of health related issues and continues to be a primary effort for Calhoun County residents. Poverty rates were higher for Calhoun County residents as compared to Florida's state rate. Calhoun County ranks 21 out of 67 Florida counties; 21.1% or 14,372 residents are in poverty in Calhoun County. There were 15.48% of families in poverty, with 34.5% of residents under the age of 18 living in poverty.

Education also plays as a key factor for a health related poverty issue impacting the residents of Calhoun County. Data from the US Census indicates that 18% of residents 25 years and over have a 9th to 12th grade education with no diploma, and 40.9% of this population has a high school diploma or its equivalent. Data for specific populations based on gender or ethnicity was not available.

Goal: Reduce Poverty in Calhoun County

Strategy 1: Implement financial planning workshop for community.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
Poverty rates were higher for Calhoun County residents as compared to Florida's state rate. The lack of education directly related to poverty also serves as a health issue impacting the residents of Calhoun County. In Calhoun County, the median household income of \$31,699 is below the state income of \$47,661 according to the 2006-2010 US Census American Community Survey.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status*
Develop financial management courses for high school students to reduce poverty from 25.9% to 15.9% by August 31, 2016.	Ages 5-17 in families in poverty 29.9% compared to state 23.5%. (Florida Legislature Office of Economic and Demographic Research http://edr.state.fl.us)	25.9%*	15.9%		Due to changing priorities with initial partners, this objective will be reevaluated to establish possible new partners.
Implement financial planning workshop for adults to reduce poverty from 25.9% to 15.9% by August 31, 2016.	All ages in poverty 25.9% compared to state 17.0% (Florida Legislature Office of Economic and Demographic Research http://edr.state.fl.us)	25.9%	15.9%		Due to changing priorities with initial partners, this objective will be reevaluated to establish possible new partners.

Strategic Issue Area #2: Obesity


DOH in Calhoun County works to maintain health and prevent chronic disease by promoting healthy eating and active living for all residents, regardless of age, in Calhoun County. We work with state and local partners on community solutions to help increase healthy food choices and connect people to places and opportunities where they can be regularly active.


Overweight and obesity are conditions that increase the risk for a variety of chronic diseases and health concerns, including heart disease, Type 2 diabetes, heart disease, hypertension, certain cancers, stroke, and high cholesterol (among others). The condition of overweight and obesity are determined by using a calculation, the Body Mass Index (BMI), which takes into account a person's height in proportion to his or her weight. BMI is correlated with the amount of body fat present. The table below summarizes the local effects of obesity for Calhoun County.

Goal: Decrease obesity in Calhoun County

Strategy 1: Develop community nutrition activities and education.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
Calhoun County residents who are overweight or obese is a health issue at all age levels. Among WIC children, ages 2 and older, 26.4% are overweight or at risk of being overweight according to FDOH CHARTS data from 2011. Among adults, more Men (41.5%) than Women (29.5%) reported being overweight on the 2010 BRFSS self-report survey. Over one-third of all respondents (36.2%) reported being overweight. Those residents ages 65 years and older had a higher self-report rate of being overweight than resident's ages 18 to 44 and ages 45 to 64.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.	Create # of opportunities for nutrition education.	0	12		Success in Calhoun community with 400 plus participants losing over 900 pounds and receiving healthy meal plans each week in a 12 week period.

Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.	Create # of opportunities for nutrition activities.	0	1		Participation of over 50 Calhoun County residents taste testing a nutritious snack and receiving the recipe at local grocery store.
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* Status indicators are as follows:



= Little to no movement towards objective target



= some progress towards meeting the objective target




= reached or surpassed objective target

Goal: Decrease obesity in Calhoun County

Strategy 2: Establish comprehensive Physical Education Program in schools.


Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
In Calhoun County, 18% of high school students are reported to have a BMI at or above the 95 th percentile. According to the U.S. Department of Health and Human Services, childhood obesity has tripled during the last 30 years, estimates suggest that one-third of all children born after 2000 will suffer from diabetes or other obesity- related health problems.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Decrease percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 18% to 13% by June 30, 2016	Percentage of high school students reporting a BMI at or below the 95 th percentile.	18%	13%		As of August 18, 2015, an Obesity Task Force has been formed. DOH School Health staff are collecting BMI's of selected grades for observation.

Goal: Decrease obesity in Calhoun County

Strategy 3: Establish nutrition education in high schools.


Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
In Calhoun County, 18% of high school students are reported to have a BMI at or above the 95 th percentile. According to the Center for Disease Control, 6 in 10 children did not eat enough fruit and 9 in 10 children did not eat enough vegetables in 2007-2010.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase fruit and vegetable intake in high school students by 10% June 30, 2016.	Establish baseline via a survey of high school students in 2015-2016 school year.	No baseline data	Surveys completed by high school students		The Health Advisory Committee has been formed, currently developing survey for high school students.

Goal: Decrease obesity in Calhoun County

Strategy 4: Develop community physical fitness activities.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:					
Adults in Calhoun County who meet moderate physical activity are at 33.5% which is below Florida's state rate of 34.6%. (Florida BRFSS 2007) Regular physical activity can improve the health and quality of life of Americans of all ages, regardless of the presence of a chronic disease or disability. There are a number of physical assets and resources within Calhoun County which can be mobilized to address the obesity health related issues that can be utilized.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2016.	Create fitness program and educate public on existing physical assets and resources in the community.	33.5%	38.5%		A 12-week fitness and nutrition challenge (Fit Lifestyle Active Strong Healthy) FLASH, was successfully completed. In addition, the Tai Chi Moving for Better Balance grant was continued, completing 25 classes within 2014.

Revisions

Revisions to the CHIP were made after careful review during the Annual CHIP Review Meeting held in December of 2014, the meeting participants reviewed the priority issue of Poverty. After reviewing the similarities of the goals, objectives and strategies for this issue, the group decided to combine the two existing strategies into one, completion dates were reevaluated and moved due to change of focus.

The initial strategies for Poverty (listed below) have been combined to focus on the entire community efforts as a whole.

- Strategy 1 - Develop financial management courses for high school
- Strategy 2 - Implement financial planning workshop for adults

Revised Strategy

- Implement financial planning workshop for community

Strategic Issue Area #1: Poverty

Goal: Reduce Poverty in Calhoun County

Strategy 1: Implement financial planning workshop for community.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Implement financial planning workshop for community to reduce poverty from 25.9% to 15.9% by August 31, 2016.	<p>Develop financial management courses for high school to reduce poverty from 25.9% to 15.9% by August 31, 2016.</p> <p>Implement financial planning workshop for adults to reduce poverty from 25.9% to 15.9% by August 31, 2016.</p>	Number of community members attending financial planning workshop.	0	20	During the Annual CHIP Review Meeting held in December of 2014, the meeting participants reviewed the priority issue of Poverty. The group decided to combine the two objective/strategies into one.

Due to the progress of the Obesity Strategic Issue, the group decided to extend the target dates.

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Calhoun County

Strategy 1: Develop community nutrition activities/education

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.	Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2015	Adults who consume at least five servings of fruits and vegetables a day - Calhoun: 21.5% compared to the state 26.2% (Florida CHARTS 2007) Adults who are overweight –Calhoun 36.2% as compared to state 37.8% (BRFSS 2010) Adults who are obese - Calhoun 34.7% as compared to state 27.2% (BRFSS 2010)	21.5%	31.5%	During committee meeting, it was decided to extend date of completion.

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Calhoun County

Strategy 2: Establish comprehensive Physical Education Program in schools.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Decrease percentage of high school students reporting BMI at or above 95 th	Decrease percentage of high school students reporting BMI at or above 95 th	Obese (i.e., at or above the 95 th percentile for body mass index, by age and sex) Calhoun: 18.0% compared to state 11.1% - Florida	18%	13%	During committee meeting, it was decided to extend date of completion

percentile by 5% from 18% to 13% by June 30, 2016.	percentile by 5% from 18% to 13% by June 30, 2015.	Youth Tobacco Survey (FYTS) 2012			
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Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Calhoun County

Strategy 3: Establish nutrition education in the comprehensive Physical Education Program

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Increase fruit and vegetable intake in high school students by 10% June 30, 2017.	Increase fruit and vegetable intake in high school students by 10% June 30, 2015.	Need to establish baseline via a survey of high school students in 2015-2016 school year.	0	10%	During committee meeting, it was decided to extend date of completion

During the CHIP Action Plan Review meeting August 18, 2015 an additional Priority issue was added to CHIP for Liberty County.

Strategic Issue Area #3: Risky Youth Behaviors

Goal: Reduce risky behaviors in youth in Calhoun County.

Strategy 1: Establish educational program within community to reduce teen pregnancy rates.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19.	None.	Reduce teen pregnancy rates by 3%.	54.6 per 1000 females 15-19	51.6 per 1000 females 15-19	Priority issue added to CHIP during Action Plan Review Meeting held on August 18, 2015.

Accomplishments

Individual and team participation among Calhoun County residents, was key in building morale and creating encouraging atmosphere to learn and develop healthier lifestyle habits during the 12 week FLASH event. The event focused on decreasing obesity by educating the public on nutrition and physical fitness. A vast majority of the diseases that affect individuals can be prevented with lifestyle changes.

Goal	Objective	Accomplishment
Decrease obesity in Calhoun County	2.1 Increase fruit/vegetable intake in adults by 10% from 21.5 to 31.5 by June 30, 2016.	A twelve week fitness and nutrition challenge FLASH was successfully completed with over 400 community members participating.
How it's important for our community: The 12 week FLASH challenge successfully increased participant's fruit/vegetable intake by offering them meal plans every week.		

Goal	Objective	Accomplishment
Decrease obesity in Calhoun County	2.4 Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2016.	A 12 week fitness and nutrition challenge, FLASH, was successfully completed. In addition, the Tai Chi Moving for Better Balance 12 week program was completed also
How it's important for our community: The 12 week FLASH challenge successfully increased participants moderate activity by 5% ; by way of comparing collected participant data to 2007 BRFSS data..		

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. We will evaluate progress on an ongoing basis through quarterly CHIP implementation reports and quarterly discussion by community partners. We will conduct annual reviews and revisions based on input from partners and create CHIP annual reports each year by September of each year. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Calhoun County.

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Community Health Improvement Plan Annual Report, 2016

Florida Department of Health in
Calhoun County

October 2016

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Introduction

Like many rural counties, the overall health status for Calhoun County has room for improvement. Residents of rural counties often experience significant health disparities such as increased risk of disease with a lack of local resources. The activities and collaborative efforts of the Florida Department of Health in Calhoun County and community partners will be reflected within this 2016 Community Health Improvement Plan (CHIP) Annual Report. Community partners such as Big Bend AHEC, Calhoun County Extension Office, and Calhoun County Public Library play key roles in maintaining the Calhoun County CHIP. This document will serve as a progress review of the strategies that were developed and revised, along with activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Calhoun County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report. The CHIP is an action-oriented strategic plan that outlines community-driven goals, objectives, strategies and measures for addressing the following top three health priority areas:

1. Poverty
2. Obesity
3. Risky Youth Behaviors

Overview of the Community Health Improvement Plan (CHIP)

Building a healthier Calhoun County began as a community-wide initiative with the goal of establishing an ongoing process for identifying and addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Calhoun County residents. The Public Health Accreditation Board defines CHIP as “a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process.”

This 2016 CHIP Annual Report reveals the most current progress of efforts by Florida Department of Health in Calhoun County (DOH-Calhoun) and community partners for the Calhoun County CHIP 2015 – 2018.

DOH-Calhoun facilitates community wide meetings for the Riverbend Health Advisory Committee to address ongoing health issues, roles, goals and objectives. During a particular (November 2015) meeting, committee members agreed to adopt, monitor, and make needed revisions of the Calhoun County CHIP. See Table below for Strategic Issue Areas along with their goals.

STRATEGIC ISSUE AREA	GOAL
Poverty	Reduce poverty in Calhoun County
Obesity	Decrease obesity in Calhoun County
Risky Youth Behaviors	Reduce risky behaviors in youth in Calhoun County

Summary of CHIP Annual Review Meeting

As part of the CHIP process, an annual evaluation report is required to document successes, challenges, barriers, goal recommendations, objectives, activities, and the creation of an updated version of the CHIP document. In addition, the annual report identifies the lead community group and the data source being used to monitor progress.

During the November 2015 River Bend Health Advisory Committee (RBHAC) meeting, the committee agreed to adopt the CHIP. The committee agreed this meeting was already established and attended by most of the same key partners, this would be the best action to take to review and update the CHIP as needed. At the July 19, 2016 RBHAC meeting, the CHIP was reviewed, after discussion among members the following changes were agreed upon. All members agreed these changes will be reflected in the 2016 Annual Report.

- Strategic Issue Area #2: Obesity Goal: Decrease Obesity in Calhoun County
- Strategy 2: Establish comprehensive Physical Education Program in schools
- Revision: Objective target date will be extended.

- Strategic Issue Area #2: Obesity Goal: Decrease Obesity in Calhoun County
- Strategy 3: Establish nutrition education in Calhoun County high schools.
- Revision: Change objective: Establish nutrition education in high schools by June 30, 2017.

The key success and progress within this Annual Report is the community partners and their continued dedication and involvement.

Strategic Issue Area #1: Poverty


Poverty is an important determinant of health related issues and continues to be a primary effort for Calhoun County residents. Poverty rates were higher for Calhoun County residents as compared to Florida's state rate. Calhoun County ranks 21 out of 67 Florida counties; 21.1% or 14,372 residents are in poverty in Calhoun County. There were 15.48% of families in poverty, with 34.5% of residents under the age of 18 living in poverty.

Education also plays as a key factor for a health related poverty issue impacting the residents of Calhoun County. Data from the US Census indicates that 18% of residents 25 years and over have a 9th to 12th grade education with no diploma, and 40.9% of this population has a high school diploma or its equivalent. Currently, Calhoun County Public Library offers residents of Calhoun County the opportunity to participate in free classes for accounting skills, finance management and other financial areas.

Goal: Reduce Poverty in Calhoun County

Strategy 1: Implement financial planning workshop for community.

Key Partners: DOH in Calhoun, Calhoun County Public Library, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
Poverty rates were higher for Calhoun County residents as compared to Florida's state rate. The lack of education directly related to poverty also serves as a health issue impacting the residents of Calhoun County. In Calhoun County, the median household income of \$31,699 is below the state income of \$47,661 according to the 2006-2010 US Census American Community Survey.						
Objective	Indicator	Target by Oct. 2016	Status Oct. 2015	Status Oct. 2016	Status Oct. 2016	Explanation of Status*
Implement financial planning workshop for community to reduce poverty from 25.9% to 15.9% by August 31, 2016.	Number of community members attending financial planning workshop.	20	0	20		Calhoun County Public Library provides free classes to assist people in accounting skills, finance management and other financial areas.

* Status indicators are as follows:



= Little to no movement towards objective target



= some progress towards meeting the objective target



= reached or surpassed objective target

Strategic Issue Area #2: Obesity


DOH in Calhoun County works to maintain health and prevent chronic disease by promoting healthy eating and active living for all residents, regardless of age, in Calhoun County. We work with state and local partners on community solutions to help increase healthy food choices and connect people to places and opportunities where they can be regularly active.

Overweight and obesity are conditions that increase the risk for a variety of chronic diseases and health concerns, including heart disease, Type 2 diabetes, heart disease, hypertension, certain cancers, stroke, and high cholesterol (among others). The condition of overweight and obesity are determined by using a calculation, the Body Mass Index (BMI), which takes into account a person's height in proportion to his or her weight. BMI is correlated with the amount of body fat present. The table below summarizes the local effects of obesity for Calhoun County.

Goal: Decrease obesity in Calhoun County

Strategy 1: Develop community nutrition activities and education.


Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
Calhoun County residents who are overweight or obese is a health issue at all age levels. Among WIC children, ages 2 and older, 26.4% are overweight or at risk of being overweight according to FDOH CHARTS data from 2011. Among adults, more Men (41.5%) than Women (29.5%) reported being overweight on the 2010 BRFSS self-report survey. Over one-third of all respondents (36.2%) reported being overweight. Those residents ages 65 years and older had a higher self-report rate of being overweight than resident's ages 18 to 44 and ages 45 to 64.						
Objective	Indicator	Target by Oct. 2016	Status Oct. 2015	Status Oct. 2016	Status	Explanation of Status
Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.	Create # of opportunities for nutrition education/activities.	12	0	176		Two programs offer opportunities for nutrition ed./activities. CL Ministry Center, classes 3 days/week. Grocery Store Tours (meal prep, label reading, etc.) bi-weekly. Annually, ~176 opportunities offered.

Goal: Decrease obesity in Calhoun County

Strategy 2: Establish comprehensive Physical Education Program in schools.


Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
In Calhoun County, 18% of high school students are reported to have a BMI at or above the 95 th percentile. According to the U.S. Department of Health and Human Services, childhood obesity has tripled during the last 30 years, estimates suggest that one-third of all children born after 2000 will suffer from diabetes or other obesity- related health problems. Florida Youth Tobacco Survey						
Objective	Indicator	Target by Oct. 2016	Status Oct. 2015	Status Oct. 2016	Status	Explanation of Status
Decrease percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 18% to 13% by June 30, 2016	Percentage of high school students reporting a BMI at or below the 95 th percentile. 2012-18% 2014-17%	13%	18%	17%		According to 2014 Florida Youth Tobacco Survey results, high school students reporting BMI at or above the 95 th percentile has decreased from 18% to 17%.

Goal: Decrease obesity in Calhoun County

Strategy 3: Establish nutrition education in high schools.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations


Why this is important to our community:						
In Calhoun County, 18% of high school students are reported to have a BMI at or above the 95 th percentile. According to the Center for Disease Control, 6 in 10 children did not eat enough fruit and 9 in 10 children did not eat enough vegetables in 2007-2010.						
Objective	Indicator	Target by Oct. 2016	Status Oct. 2015	Status Oct. 2016	Status	Explanation of Status
Increase fruit and vegetable intake in high school students by 10% June 30, 2017.	Establish baseline via a survey of high school students in 2015-2016 school year.	Surveys completed by high school students	No baseline data.	No progress.		According to RBHAC minutes 07/19/16, committee has agreed to make changes to this objective due to no baseline data.

CHIP Annual Review Report, 2016

Goal: Decrease obesity in Calhoun County

Strategy 4: Develop community physical fitness activities.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
Adults in Calhoun County who meet moderate physical activity are at 33.5% which is below Florida's state rate of 34.6%. (Florida BRFSS 2007) Regular physical activity can improve the health and quality of life of Americans of all ages, regardless of the presence of a chronic disease or disability. There are a number of physical assets and resources within Calhoun County which can be mobilized to address the obesity health related issues that can be utilized.						
Objective	Indicator	Target by Oct. 2016	Status Oct. 2015	Status Oct. 2016	Status	Explanation of Status
Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2016.	Create fitness program and educate public on existing physical assets and resources in the community.	38.5%	33.5%	Pending next Florida BRFSS report		Moving for Better Balance grant was continued, completing 25 classes within 2016. In addition, DOH-Calhoun hosted 2 community-wide 5k walk/run events.

Strategic Issue Area #3: Risky Youth Behavior


DOH in Calhoun County and community partners have formed a task force to address the mounting issue of teen pregnancy in Calhoun County. We work with state and local partners on community solutions to help decrease teen pregnancy and increase the educational opportunities to youth about risky behaviors that have a lasting impact on their life.

Pregnant teens and their babies are at higher risk of health problems than are pregnant women who are older. The most common complications for pregnant teens — especially those younger than age 15 and those who don't receive prenatal care — include a low level of iron in the blood (anemia), high blood pressure and preterm labor. The table below summarizes the statistics for teen pregnancy for Calhoun County.

Goal: Reduce risky behaviors in youth in Calhoun County.

Strategy 1: Establish educational program within community to reduce teen pregnancy rates.

Key Partners: DOH-Calhoun, Calhoun County School Board, Faith Based Organizations

Why this is important to our community:						
Calhoun County teens are at an increased risk for teen pregnancy, due to lack of educational resources. The teen pregnancy rate (ages 15-19) for Calhoun County is more than double the state of Florida teen birth rate. There is growing concern by the community surrounding this topic and others related to teen pregnancy, such as, STD prevention, self-esteem promotion, and infant mortality reduction. (Florida CHARTS)						
Objective	Indicator	Target by Oct. 2016	Status Oct. 2015	Status Oct. 2016	Status	Explanation of Status
Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19.	Reduce teen pregnancy rates by 3%.	51.6 per 1000 females 15-19	54.6 per 1000 females 15-19	44.0 per 1000 females 15-19		Stay Teen task force has been established and an action plan has been created. Task force is working towards establishing educational program within the schools.

Revisions

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Calhoun County

Strategy 2: Establish comprehensive Physical Education Program in schools.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Target by June 2016	Status June 2015	Status June 2016	Explanation for Revision
Decrease percentage of high school students reporting BMI at or above 95 th percentile by 5% from 18% to 13% by TBD (will be extended to a date later than June 30, 2016).	Decrease percentage of high school students reporting BMI at or above 95 th percentile by 5% from 18% to 13% by June 30, 2016.	Percentage of high school students reporting a BMI at or below the 95 th percentile. 2012-18% 2014-17% -Florida Youth Tobacco Survey (FYTS)	13%	17%	17%	Objective target date will be extended by the Riverbend Health Advisory Committee due to target not being met by June 30, 2016.

Strategic Issue Area #2: Obesity

Goal: Decrease Obesity in Calhoun County

Strategy 3: Establish nutrition education in Calhoun County high schools.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Target by June 2016	Status June 2015	Status June 2016	Explanation for Revision
Establish nutrition education in the high schools June 30, 2017.	Increase fruit and vegetable intake in high school students by 10% June 30, 2017.	Number of Calhoun County high schools providing nutrition education to students.	2	0	0	Riverbend Health Advisory Committee decided to change this strategy and objective due to current objective not measurable, revised objective can be measured.

Accomplishments

Calhoun County residents can celebrate in accomplishing increased opportunities for two goals within the Calhoun County CHIP. Various opportunities focused on increased nutrition education and increased financial planning workshop participation among residents.

Partnerships in rural counties have proven necessary to make significant impacts among residents, together we are moving in the right direction to reach the ultimate goal of a healthier Calhoun County.

Goal	Objective	Accomplishment
Reduce Poverty in Calhoun County	Implement financial planning workshops for community to reduce poverty from 25.9% to 15.9% by August 2016.	The target for this objective was to increase the number of community members attending financial planning workshops from 0 to 20. This target was met by the Calhoun County Public Library providing free classes in finance management.
How it's important for our community: The free financial planning classes offered by the Calhoun County Public Library have educated various community members assisting them with accounting skills and finance management.		

Goal	Objective	Accomplishment
Decrease Obesity in Calhoun County	Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2016.	The target for this objective was to create opportunities for nutrition education and/or activities. The target was set at 12 opportunities. In 2016, approximately 176 opportunities were provided by the Calhoun-Liberty Ministry Center. Nutrition classes have been offered 3 days per week and grocery store tours have been offered bi-weekly.
How it's important for our community: Nutrition education/activities have increased from 0 to 176 in 2016 for Calhoun County residents.		

Goal	Objective	Accomplishment
Decrease Obesity in Calhoun County	Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2016.	Activities are ongoing; Tai Chi Moving for Better Balance completed 25 classes in 2016. DOH-Calhoun hosted two community wide 5K walk/run events. Data is pending the next Florida BRFSS report.
How it's important for our community: Community physical fitness activities have increased in Calhoun County.		

Goal	Objective	Accomplishment
Decrease Risky Youth Behaviors	Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19.	Pregnancy rates have decreased from 54.6% to 44.0 % per 1000 females ages 15-19. Stay Teen task force has been established and an action plan has been created. Task force is working towards establishing educational program within the schools.
How it's important for our community: There is growing concern by the community surrounding this topic and others related to teen pregnancy, such as, STD prevention, self-esteem promotion, and infant mortality reduction.		

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document.

The DOH in Calhoun County and community partners will continue to evaluate progress through CHIP implementation reports and discussion/review during Riverbend Health Advisory Committee meetings. We will conduct annual reviews and revisions based on input from partners and create CHIP annual reports by September of each year. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Calhoun County.

Appendices



**Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
November 17, 2015 at 1:00 p.m. CST**

AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Prompt attendees to sign-in • Brief review of agenda 	Rachel Manspeaker
Review Previous Minutes	Susan Chafin
Status Update of Previous Actions: <ul style="list-style-type: none"> • Teenage Pregnancy Community Conversation 	Jodi Speciale Marissa Barfield
Open Floor for Community Input	Susan Chafin
Actions <ul style="list-style-type: none"> • Discussion regarding the Riverbend Health Advisory Committee overseeing the implementation of the Calhoun and Liberty CHIPs 	Susan Chafin
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Manspeaker

Appendix B



Florida Department of Health in Calhoun/Liberty Counties Riverbend Health Advisory Committee Meeting Calhoun County Library – Heritage Room November 17, 2015 at 1:00 p.m. CST

Sign In Sheet

Purpose:

Engage community in discussion of health issues in Calhoun and Liberty Counties through open two-way dialogue.

Attendees:

Name	Organization or Community Representative	Email	Phone
Amy Johnson	FDOH - Liberty	amy.johnson@flhealth.gov	
Marissa Barfield	FDOH Calhoun/Liberty	marissa.barfield@flhealth.gov	674-5645
Jodi Speciale	FDOH - Calhoun/Liberty	Jodi.Speciale@flhealth.gov	643-2415
Heather Ellerbee	FDOH - Calhoun	heather.ellerbee@flhealth.gov	674-5645
Vicki Davis	Calhoun County Schools	vicki.davis@calhounschools.org	674-8733
Tina Tharpe	LCSB - (School Board)	tina.tharpe@ksb.org	447-2811
Susan Chafin	FDOH - Calhoun/Liberty	Susan.Chafin@flhealth.gov	643-2415
Rachel Bryant	FDOH - Calhoun/Liberty		
Melissa L'Heureux	FDOH - Liberty	melissa.lheureux@flhealth.gov	
Lisa Taylor	FDOH - Calhoun/Liberty	lisa.taylor@flhealth.gov	643-6045
Donnie Read	Twin Oaks Juvenile Det.	dread@twinoksfli.org	643-7698
Chesnee McCaskill	NFCD	cmccaskill@floridachildren.org	541-0248
Clara Foran	UF/IFAS Liberty/Calhoun Extension Office/FNP	clarajvforan@uf.edu	880-447-0575
Kelly King	FDOH Calhoun-Lib		643-2415

CHIP Annual Review Report, 2016



Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
November 17, 2015 at 1:00 p.m. CST

COMMUNITY MEETING MINUTES

Purpose:

Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Rachel Bryant, DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Thank you for participating in today's meeting. We want to focus on improving the health and wellness in Calhoun and Liberty counties. Everyone please introduce yourself and your agency.
Susan Chafin, DOH Calhoun/Liberty	Review Previous Minutes	Minutes from previous meeting on Oct. 20 th were emailed to all community partners, we also have hard copies available, does anyone recommend changes? No changes from group.
Marissa Barfield, DOH Calhoun/Liberty Jodi Speciale, DOH Calhoun/Liberty	Status Update of Previous Actions <ul style="list-style-type: none"> • Teen Pregnancy Community Conversations 	The Teen Pregnancy Community Conversations are continuing in Calhoun and Liberty Counties. We hope to bring awareness and change to the high rates of teenage pregnancy. As of now, we are in the working phases of gathering information from the community as to what they believe are the causes of the high rates. Recently we shared this presentation at the Liberty County School Health Advisory Committee (SHAC) meeting. We would like for this group to take an anonymous survey using hand held clickers. This survey has been used at every meeting which helps us to obtain information from the community. Jodi Speciale conducted the 10 question survey. Results were shared at the end of each question with group discussion.
Group	Open Floor for Community Input	Marissa Barfield reminded everyone, teen pregnancy is a community issue, and we value your input. Tina Tharpe, Liberty County School Board member , asked where the survey questions came from? Questions came from National Campaign Pregnancy Prevention- Marissa Barfield . Tina Tharpe added it would be good to see results from teens taking this survey. Please join us tomorrow night at the next.

CHIEP Annual Review Report, 2016

**Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
November 17, 2015 at 1:00 p.m. CST**

COMMUNITY MEETING MINUTES

		Community Conversation for Teen Pregnancy, meeting will be held at Blountstown Middle School at 5:30 cst.
Susan Chafin, DOH Calhoun/Liberty	Actions	The Calhoun and Liberty County Community Health Improvement Plan (CHIP) is a living, working, community-owned document. Anytime revisions are made to the document a CHIP Revision meeting must be called, which includes all the same community partners that currently serve on this committee (Riverbend Health Advisory Committee). Since we have five community partners present today, would this group be willing to vote and oversee the CHIP's for both counties? Donnie Read, Twin Oaks Juvenile Development said it would be better to include the CHIP revision in this meeting rather than having two separate meetings. Kelly King agreed the same people invited to the CHIP Revision meeting are also invited to this meeting. This meeting is established, we meet consistently every month to two months. Group agreed to oversee CHIP revisions. Susan Chafin will email priority issues that need reviewing before the next meeting, so everyone can be prepared to discuss options for current objectives and strategies.
Susan Chafin, DOH Calhoun/Liberty Kelly King, DOH Calhoun/Liberty	Meeting Evaluation	Meeting evaluations passed out, please complete. Kelly King asked if the group agreed to skip the December meeting due to the holidays, group agreed. If you would like to share your agency's resources in a presentation at the next meeting, please let us know. Group agreed this meeting facility was convenient for all. Next meeting TBA.

**Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
November 17, 2015 at 1:00 p.m. CST**

COMMUNITY MEETING MINUTES

Action Items

Action Step (use action verb)	Person Responsible	Deliverable Date
1. <i>Combine CHIP Revision Committee meetings with Riverbend Health Advisory meetings, notify all community partners.</i>	<i>Susan Chafin</i>	<i>01/26/2015</i>
2. <i>Send CHIP priority issues to all community partners for review, status discussion to follow at next meeting.</i>	<i>Susan Chafin</i>	<i>01/26/2015</i>
3. <i>Schedule next meeting</i>	<i>Rachel Bryant</i>	<i>01/26/2015</i>

Appendix C



**Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library – Heritage Room
April 19, 2016 at 1:00 p.m. CST**

AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Prompt attendees to sign-in • Brief review of agenda 	Susan Chafin
Review Previous Minutes	Susan Chafin
Status Update of Previous Actions: <ul style="list-style-type: none"> • Teenage Pregnancy Community Conversation 	Jodi Speciale
Open Floor for Community Input <ul style="list-style-type: none"> • Public Health Week • Accreditation • Worksite Wellness • Women's Health Seminar 	Susan Chafin
Actions <ul style="list-style-type: none"> • "What the Heck is an AHEC: Health Promotion, Collaboration & Career Choices" • Community Health Improvement Plan (CHIP) 	Dr. Rob Thomas, DrPH, EdD, MBA Executive Director & CEO Susan Chafin
Meeting Evaluation	Susan Chafin
Adjourn	Susan Chafin

Appendix D

Florida Department of Health In Calhoun/Liberty Counties
 Riverbend Health Advisory Committee Meeting
 April 19, 2016 1:00 cst
 Calhoun County Library



Sign In Sheet

Engage community in discussion of health issues in Calhoun and Liberty Counties, through open two-way dialogue.

Attendees:

	Name	Organization/Community Rep	Email	Phone
1	Melissa Plummer	DOH - Liberia		643-2415
2	James Lewis	BB AHCC	jlewis@riverbendhcc.org	718-7035
3	Heather Ellerbee	DOH	heather.ellerbee@flhealth.org	674-5645
4	Jodi Speciale	DOH	jodi.speciale@flhealth.gov	674-5645
5	Susan Chaf	DOH		
6	Monica Brinkley	UF/IFAS, Liberty Exten	brinkley@ufl.edu	643-2229
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16				



Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
April 19, 2016, 1:00 cst

COMMUNITY MEETING MINUTES

Purpose:

Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin, DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Thank you for participating in today's meeting. We want to focus on improving the health and wellness in Calhoun and Liberty counties. Everyone please introduce yourself and your agency.
Susan Chafin, DOH Calhoun/Liberty	Review Previous Minutes	Minutes from previous meeting on 11/17/15 were emailed to all community partners, we also have hard copies available. No changes from group.
Jodi Speciale, DOH Calhoun/Liberty	Status Update of Previous Actions <ul style="list-style-type: none"> • Teen Pregnancy Community Conversations 	The Teen Pregnancy Community Conversations are continuing in Calhoun and Liberty Counties. We hope to bring awareness and change to the high rates of teenage pregnancy. Calhoun County's teenage pregnancy focus group has been named "Calhoun County Stay Teen Focus Group" that has been adopted by the community. The primary goal of the focus group at this time is deciding on and working with the school board on implementing a curriculum into the schools to educate our county's youth on a variety of topics to include self-esteem building, healthy choices, sexually transmitted infections and sexual health in general. Liberty County has not formed a focus group at this time and is still in the assessment phase of planning. A trauma informed care guest speaker will be speaking in both Calhoun and Liberty County schools on April 29, 2016.
Group	Open Floor for Community Input	Monica Brinkley voiced her desire for IFAS to assist and partner with the teenage pregnancy initiatives in any way possible. She also recommended that we take local case studies to present to decision-makers to "bring the conversation home" and to help them understand the reality of the problem taking place in Calhoun and Liberty Counties. <small>CHD Annual Review Report, 2016</small>



Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
NApril 19, 2016 at 1:00 p.m. CST

COMMUNITY MEETING MINUTES

		<p>Counties.</p> <p>Monica Brinkley reported that Shellie King is located at the ministry center for adult nutrition education. Clara Foran is covering youth nutrition education and she has a presence in all the local schools providing nutrition education. Grocery store tours took place at the Piggly Wiggly in both counties in February for Heart Health Month. There were 65 people who participated in these tours.</p> <p>James Lewis reported that there are local tobacco cessation classes being held monthly in both counties. The class in Calhoun County is held on the 4th Tuesday and the class in Liberty County is held on the 3rd Tuesday of each month.</p> <p>Susan Chafin reported that DOH celebrated Public Health Week in early April. She also announced that Florida Department of Health did receive PHAB Accreditation. Calhoun and Liberty CHDs both received a new grant recently to promote worksite wellness within the communities. There are several worksite health fairs planned for the near future. The Women's Health Seminar will take place May 6, 2016 at the Veterans Memorial Civic Center in Bristol.</p>
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**Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
NApril 19, 2016 at 1:00 p.m. CST**

COMMUNITY MEETING MINUTES

<p>Susan Chafin, DOH Calhoun/Liberty</p>	<p>Actions</p>	<p>The Calhoun and Liberty County Community Health Improvement Plan (CHIP) is a living, working, community-owned document. Anytime revisions are made to the document a CHIP Revision meeting must be called, which includes all the same community partners that currently serve on this committee (Riverbend Health Advisory Committee). The group agreed to oversee CHIP revisions at the November RBHAC Meeting. Copies of the Community Health Improvement Plan Annual Report 2015 for Calhoun and Liberty Counties were distributed to the group. After discussion of the objective to Increase high school graduation rates within the CHIP, the group decided that this objective isn't obtainable by the strategy that is currently listed. The strategy listed for this objective at this time is to host a high school career fair. This strategy has been removed. The group decided to add the strategy of meeting with guidance at the local schools to determine the contributing factors of low graduation rates as well as the current graduation rates. Jodi Speciale agreed to gather this information and report it at the next RBHAC Meeting. Based on the feedback that Jodi receives, this objective will be reevaluated at a later date. Upon review of the Goal to Decrease Obesity; Strategy 3 is being changed to Establish nutrition education in the high schools. At the next RBHAC meeting, the group decided that due to low attendance today, we will revisit the goals and strategies with obesity and poverty to determine whether to omit, change or combine anything further.</p>
<p>Susan Chafin, DOH Calhoun/Liberty</p>	<p>Meeting Evaluation</p>	<p>Meeting evaluations passed out, please complete. If you would like to share your agency's resources in a presentation at the next meeting, please let us know. Group agreed this meeting facility was convenient for all. Next meeting TBA.</p>

CHIP Annual Review Report, 2016

**Florida Department of Health in Calhoun Liberty Counties
Riverbend Health Advisory Committee Meeting
Calhoun County Library Heritage Room
NApril 19, 2016 at 1:00 p.m. CST**

COMMUNITY MEETING MINUTES

Action Items

Action Step (use action verb)	Person Responsible	Deliverable Date
1. <i>Combine CHIP Revision Committee meetings with Riverbend Health Advisory meetings, notify all community partners.</i>	<i>Susan Chafin</i>	<i>01/26/2015</i>
2. <i>Send CHIP priority issues to all community partners for review, status discussion to follow at next meeting.</i>	<i>Susan Chafin</i>	<i>01/26/2015</i>
3. <i>Schedule next meeting</i>	<i>Rachel Bryant</i>	<i>01/26/2015</i>



**Florida Department of Health in Calhoun County
Teenage Pregnancy Community Conversation
Calhoun County Public Library Heritage Room
October 14, 2015 9:00am-11:00am central**

MINUTES

Purpose: Solicit input from the community on reducing teen pregnancy rates through open two-way dialogue.

Speaker	Topic	Discussion
Jodi Speciale Marissa Barfield	Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief Review of agenda • Prompt attendees to sign-in 	Welcome, thank you for attending today. We would like this community conversation to be interactive, please share your thoughts, suggestions, and resources. Everyone introduced themselves and their respective agency.
Jodi Speciale Marissa Barfield	Introduce Topic <ul style="list-style-type: none"> • Teen Pregnancy Rate in Calhoun County 	Brief overview given to the attendees regarding the parent survey that was conducted in March 2015 by the Florida Department of Health in Calhoun County about teen birth rates and sexual behaviors in Calhoun County. Survey results were shared with the group.
Jodi Speciale Marissa Barfield	Discuss Supporting Information <ul style="list-style-type: none"> • Power point presentation 	Marissa Barfield, Healthy Start Coordinator and Jodi Speciale, School Health Coordinator reviewed teenage pregnancy facts, with local and state statistics on teenage birth rates in a power point presentation to the group. There were two PSA's were shown one from the Candie's Foundation to prevent teen pregnancy and the other was a resource from YouTube. An electronic questionnaire on teen pregnancy was conducted after the power point and all attendees participated.
Group	Consider Possible Directions <ul style="list-style-type: none"> • Root Causes 	Each participant was given an index card at the beginning of the Community Conversation and asked to list some potential causes of increased teen birth rates in Calhoun County. The index cards were collected and root causes were compiled on an easel pad for group discussion.



**Florida Department of Health in Calhoun County
Teenage Pregnancy Community Conversation
Calhoun County Public Library Heritage Room
October 14, 2015 9:00am-11:00am central**

MINUTES

Jodi Speciale Marissa Barfield	Actions	Cindy Nichols representing the faith based community will contact and distribute presentation to the Calhoun County churches and encourage their attendance at the next open forum. Marissa Barfield and Jodi Speciale will schedule next month's open forum for after hours and notify attendees and community.
Jodi Speciale Marissa Barfield	Meeting Evaluation	Community Engagement survey was given to all attendees to complete at the completion of the Community Conversation.
Jodi Speciale Marissa Barfield	Adjourn	

Action Items

<i>Action Items</i>	<i>Person Responsible</i>	<i>Due Date</i>	<i>Deliverable</i>
<i>Distribute presentations to Calhoun County Churches, encourage attendance at next Teen Pregnancy Community Conversation</i>	<i>Cindy Nichols</i>	<i>Next Meeting</i>	<i>Report of participating churches</i>
<i>Schedule next Teen Pregnancy Community Conversation</i>	<i>Marissa Barfield Jodi Speciale</i>	<i>Next Meeting</i>	<i>Meeting Agenda</i>

CHIP Annual Review Report, 2016

Florida Department of Health in Calhoun County
Teenage Pregnancy Community Conversation
Calhoun County Public Library Heritage Room
October 14, 2015 9:00am-11:00am central

Florida Department of Health in Calhoun County
invites you to participate in a:

TEENAGE PREGNANCY

Community Conversation

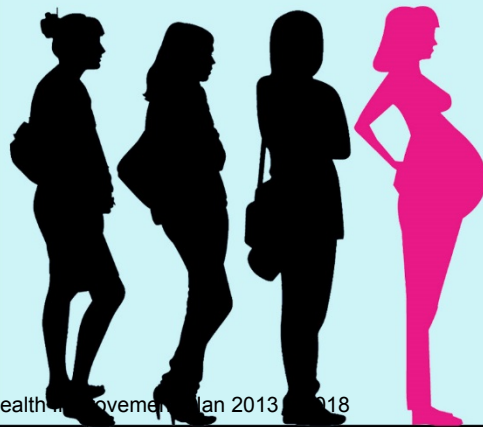
October 14, 2015

Calhoun County Public Library: Heritage Room
9:00 am - 11:00 am (cst)



Please join us for an open forum concerning Calhoun County's teenage pregnancy rates. Calhoun County currently ranks **#1 in the state of Florida** for the highest percentage of births to mothers ages 15-19.

Come be part of the solution to this rising trend.



Almost **1,700** teenage girls get pregnant every day!

That's over 600,000 teen girls a year. Teen pregnancy affects girls from all backgrounds and impacts every community. Here's why this matters:



8 OUT OF 10 TEEN FATHERS DON'T MARRY THE MOTHER OF THEIR CHILD.

3X

DAUGHTERS OF YOUNG TEEN MOTHERS ARE **3 TIMES** MORE LIKELY TO BECOME TEEN MOTHERS THEMSELVES.

IN THE U.S., TEEN CHILDBEARING COST TAXPAYERS **\$9.4 BILLION**

2X

SONS OF TEEN MOTHERS ARE **TWICE** AS LIKELY TO END UP IN PRISON.




FEWER THAN HALF OF TEEN MOTHERS WHO HAVE A CHILD BEFORE THEY TURN 18 HAVE A HIGH SCHOOL DIPLOMA AND FEWER THAN 2% EARN A COLLEGE DEGREE BY AGE 30.

Source: www.candiesfoundation.org

CHIP Annual Review Report, 2016

**Florida Department of Health in Calhoun County
Teenage Pregnancy Community Conversation
Calhoun County Public Library Heritage Room
October 14, 2015 9:00am-11:00am central**


MINUTES



Mon 10/5/2015 10:00 AM
Barfield, Marissa A
Teenage Pregnancy Community Conversation Invitation

To Barfield, Marissa A; Blackburn, Brandalyn L; Bryant, Rachel W; Bunkley, Angela; Byler, Cynthia P; Cooley, John W; Cooper, Yolanda B; DeVuyst, Michael J; Ellerbee, Heather N; Grantham, Cindy L; Herring, Duane A; Kimbrel, Brandon L; Kimbrel, Cynthia M; King, Kelly E; Langley, Judith L; Layne, Shann S; McKenzie, Michael B; Milligan, Joseph D; Moore, Tammy R; Sims, Katrina E; Smith, Wendy B; Stowell, Jocelyn I; Taylor, Lisa G; Barfield, Marissa A; Barth, Nicholas J; Bryant, Rachel W; Byler, Cynthia P; Chafin, Susan D; Cooley, John W; Cooper, Yolanda B; Grantham, Cindy L; Greene, Dawn L; Herring, Duane A; Johnson, Amy; Kincaid, Melissa; King, Kelly E; Layne, Shann S; L'Heureux, Melissa; Mallory, Theresa Z; McDaniel, Karla G; McDaniel, Kelsey A; McKenzie, Michael B; Oswalt, Regina T; Peacock, JoAnna P; Sims, Katrina E; Smith, Kimberly A; Smith, Wendy B; Solano-Barber, Miguelina; Speciale, Jodi E; Stowell, Jocelyn I; Taylor, Lisa G; Thomas, Gidgetta M

Message


 Teenage Pregnancy community Conversation invitation.jpg (1,003 KB)

Good Morning,


Please join us for a community conversation regarding Teenage Pregnancy rates in Calhoun County and how they are effecting our youth. See attached flyer for details. Also, please feel free to pass this along to anyone in the Community that maybe interested in attending.

Thanks,

Marissa Barfield, RN
Calhoun/Liberty Healthy Start
Program Manager
(850) 674-5645 or (850) 643-2415
Cell: (850) 643-8600



Some People Pane features are turned off because Windows Desktop Search isn't available.





Sign In Sheet

Purpose: Engage community in reducing teen pregnancy rates through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff, parents, faith based community organizations)

[illegible]

Appendix F

[Home](#)[Course Catalog](#)[My Classes](#)[Sign In](#)

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Featured Course

**Accounts Payable Management**[Join Now](#) 0.7 CEUs

Featured Course

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Featured Course

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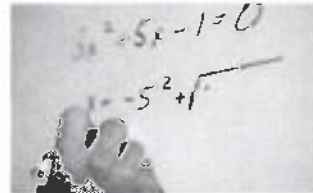
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- ▶ Access 2013 - Adv.
- ▶ Access 2010 - Basic
- ▶ Access 2010 - Int.
- ▶ Access 2010 - Adv.
- ▶ Access 2007 - Basic
- ▶ Access 2007 - Int.
- ▶ Access 2007 - Adv.

Microsoft Excel

- ▶ Excel 2013 - Basic
- ▶ Excel 2013 - Int.
- ▶ Excel 2013 - Adv.
- ▶ Excel 2013 - What's New
- ▶ Excel 2010 - Basic
- ▶ Excel 2010 - Int.
- ▶ Excel 2010 - Adv.
- ▶ Excel 2010 - Expert
- ▶ Excel 2008 - Basic (Mac)
- ▶ Excel 2008 - Adv. (Mac)
- ▶ Excel 2007 - Basic
- ▶ Excel 2007 - Int.
- ▶ Excel 2007 - Adv.

Microsoft Outlook

- ▶ Outlook 2013 - Basic
- ▶ Outlook 2013 - Int.
- ▶ Outlook 2013 - Adv.
- ▶ Outlook 2013 - What's New
- ▶ Outlook 2010 - Basic
- ▶ Outlook 2010 - Int.
- ▶ Outlook 2010 - Adv.
- ▶ Outlook 2007 - Basic
- ▶ Outlook 2007 - Int.
- ▶ Outlook 2007 - Adv.

Microsoft PowerPoint

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- ▶ PowerPoint 2013 - Int.
- ▶ PowerPoint 2013 - Adv.
- ▶ PowerPoint 2013 - What's New
- ▶ PowerPoint 2010 - Basic
- ▶ PowerPoint 2010 - Adv.
- ▶ PowerPoint 2008 - Basic (Mac)
- ▶ PowerPoint 2008 - Adv. (Mac)
- ▶ PowerPoint 2007 - Basic
- ▶ PowerPoint 2007 - Adv.

Microsoft Project

- ▶ Project Pro 2013 - Basic
- ▶ Project Pro 2013 - Adv.
- ▶ Project Professional 2010 - Basic
- ▶ Project Professional 2010 - Adv.
- ▶ Project 2007 - Basic
- ▶ Project 2007 - Int.
- ▶ Project 2007 - Adv.

Microsoft Publisher

- ▶ Publisher 2007

Microsoft SharePoint

- ▶ SharePoint Designer 2010 - Basic
- ▶ SharePoint Designer 2010 - Adv.
- ▶ SharePoint Designer 2007 - Basic
- ▶ SharePoint Designer 2007 - Int.
- ▶ SharePoint Designer 2007 - Adv.

Microsoft Visio

- ▶ Visio 2010 - Basic
- ▶ Visio 2010 - Int.
- ▶ Visio 2010 - Adv.
- ▶ Visio 2007

Microsoft Word

- ▶ Word 2013 - Basic
- ▶ Word 2013 - Int.
- ▶ Word 2013 - Adv.
- ▶ Word 2013 - What's New

- ▶ Word 2010 - Basic
- ▶ Word 2010 - Int.
- ▶ Word 2010 - Adv.
- ▶ Word 2008 for Mac - Basic
- ▶ Word 2008 for Mac - Adv.
- ▶ Word 2007 - Basic
- ▶ Word 2007 - Int.
- ▶ Word 2007 - Adv.



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Adobe Illustrator

- ▶ Illustrator CS6 - Basic
- ▶ Illustrator CS6 - Adv.
- ▶ Illustrator CS5 - Basic
- ▶ Illustrator CS5 - Adv.

Adobe Photoshop

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- ▶ Photoshop CS6 - Adv.
- ▶ Photoshop CS5 - Basic
- ▶ Photoshop CS5 - Adv.



Understanding Your Operating System

Windows Operating Systems

- ▶ Microsoft Windows XP - Basic
- ▶ Microsoft Windows XP - Adv.
- ▶ Microsoft Vista Business - Basic
- ▶ Microsoft Vista Business - Adv.
- ▶ Microsoft Windows 7 - Basic
- ▶ Microsoft Windows 7 - Int.
- ▶ Microsoft Windows 7 - Adv.
- ▶ Microsoft Windows 8 - Basic
- ▶ Microsoft Windows 8 - Int.
- ▶ Microsoft Windows 8 - Adv.

Macintosh Operating Systems

- ▶ Mac OS X Leopard Desktop

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CHIP Annual Review Report, 2016



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► Powerful online job search and career exploration

► My Job & Career Accelerator

This is the job seeker's personal job search management center! **My Dashboard** keeps track of everything—job searches, resumes, cover letters, important tasks, and more. The **Occupation Matcher** helps job seekers find the careers that best fit their interests and experience.

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Lesson Plans for the Calhoun/Liberty Ministry Center

Family Nutrition Program: by Shellie King

Cooking Matters in your Food Pantry

Every Tuesday, Wednesday, & Thursday of the week from 10am -12pm

January: MyPlate; eating healthy in 2016 Eat from every food group, every day

February: Heart Health month; make at least half your grains Whole Grains

March: Make half your plate Fruits and Vegetables

April: Switch to fat-free or low fat milk (1%)

May: Choose lean and low-fat Proteins

June: Make your own healthy snacks. Sodium

July: Choose drinks with less sugar or make your own healthy drinks...WATER

August: Eat a variety of colorful Fruits and Vegetables

September: Enjoy your food but eat less. Avoid oversized portions. Build a Healthy meal.

Oct. Compare food labels to make healthier choices. Be food safe!

Nov. Do you know your fats?

Dec. ?

Grocery Store Tours

SHOPPING FOR HEALTHY FOODS ON A BUDGET

If you are eligible for SNAP benefits, then this grocery store tour is for you!

UF/IFAS Extension Family Nutrition Program

After the tour you will receive

FREE

- \$10 worth of healthy groceries of your choice, using the skills learned on the tour
- a book of tasty recipes and simple tips on buying healthy, low-cost foods
- a reusable grocery bag



Contact us to sign up: Shellie King
Liberty County Extension Office
Ph. 850-643-2229

UF IFAS Extension
UNIVERSITY of FLORIDA



The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-866-762-2237. TTY/TTD/FRS dial 711. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The USDA and the University of Florida IFAS Extension are equal opportunity providers and employers.

FALL TOURS AT THE FOLLOWING MARKETS

Ramsey's Cash Saver, Blountstown, FL	11/21/16	1:00pm CST
Ramsey's Cash Saver, Blountstown, FL	11/21/16	2:00pm CST
Ramsey's Cash Saver, Blountstown, FL	11/21/16	3:00pm CST
Ramsey's Piggly Wiggly, Bristol, FL	11/22/16	2:00pm EST
Ramsey's Piggly Wiggly, Bristol, FL	11/27/16	3:00pm EST
Ramsey's Piggly Wiggly, Bristol, FL	11/22/16	4:00pm EST
Ramsey's Cash Saver, Blountstown, FL	12/12/16	8:00am CST
Ramsey's Cash Saver, Blountstown, FL	12/12/16	9:00am CST
Ramsey's Cash Saver, Blountstown, FL	12/12/16	10:00am CST
Ramsey's Piggly Wiggly, Bristol, FL	12/19/16	9:00am EST
Ramsey's Piggly Wiggly, Bristol, FL	12/19/16	10:00am EST
Ramsey's Piggly Wiggly, Bristol, FL	12/19/16	11:00am EST

Contact us to sign up: Shellie King
Liberty County Extension Office
Ph. 850-643-2229

Appendix G

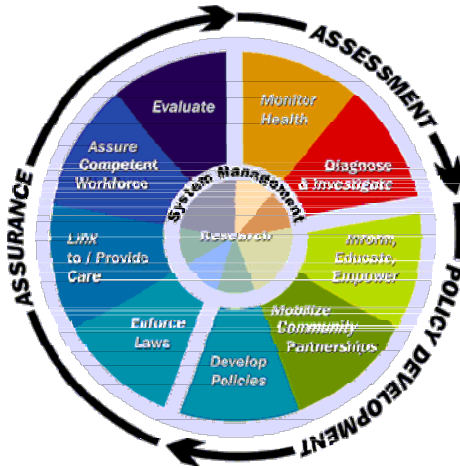


Comprehensive List of Community Partners	
Name/Title	Organization
April Landrum	Apalachee Center
James Lewis	Big Bend AHEC
Dr. Rob Thomas	Big Bend AHEC
Alexandria Washington	Big Bend AHEC
Emily Kohler	Big Bend AHEC
Kristy Terry	Calhoun County Chamber
Carla Hand	Calhoun County Clerk of Court
Whitney Cherry	Calhoun County Extension 4H
Judy Ludlow	Calhoun County Extension Director
Rita Maupin	Calhoun County Public Library
Bryanne White	Calhoun County Public Library
Vickie Davis	Calhoun County School Board
Glen Kimbrel	Calhoun County Sheriff Department
Kim Tanner	Calhoun County Sheriff Department
Shelly King	Calhoun/Liberty County Extension Office
Clara Leonard	Calhoun/Liberty Extension Food and Nutrition Program
Nathan Ebersole	Calhoun-Liberty Hospital
David Taylor	Chemical Addiction Recovery Effort (CARE)
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Sally S. Mayo, Sr RN Supervisor	Department of Corrections
Diann Smith, Senior Health Svc, Admin.	Department of Corrections
Virginia Baker, PHD	FHEE WICL Inc.
Heather Ellerbee	Florida DOH – Calhoun
Susan Chafin	Florida DOH – Calhoun & Liberty Counties
Kelly King	Florida DOH – Calhoun & Liberty Counties
Rachel Bryant	Florida DOH – Calhoun & Liberty Counties
Melissa L'Heureux	Florida DOH – Liberty
Amy Johnson	Florida DOH – Liberty
Cathy Brown	Liberty County Clerk of Court
Cathia Schmarge	Liberty County Extension 4H
Monica Brinkley	Liberty County Extension Director
Johnette Wahlquist	Liberty County Schools
Bryan Langston	Liberty County Sheriff's Department
Donnie Read	Liberty Just
Rhonda Hall	Life Management Center
Chesnee McCaskill	North Florida Child Development
Curtis Green	North Florida Child Development, Inc.
Mary McKenzie	Oglesby Plant Nursery
Dan Yoder	Retired/Rivertown Community Church
Logan Kever	Rex Lumber
Renee Crawford	Ruth Attaway CPA
Nicole Gonzalez	Twin Oaks Juvenile Development Inc.

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From:

<http://www.naccho.org/topics/infrastructure/CHAIP/index.cfm>



The fundamental purpose of public health is defined by three core functions: assessment, policy development and assurance. Community Health Improvement Plans (CHIPs) provide information for problem and asset identification and policy formulation, implementation, and evaluation. CHIPs also help measure how well a public health system is fulfilling its assurance function.

A CHIP is part of an ongoing broad community health improvement process. A community health improvement process uses CHA data to identify priority issues, develop and implement strategies for action, and establish accountability to ensure measurable health improvement, which are often outlined in the form of a Community Health Improvement Plan (CHIP).

The Public Health Accreditation Board's (PHAB's) voluntary, national public health department accreditation program is designed to document the capacity of a public health department to deliver the three core functions of public health and the Ten Essential Public Health Services. PHAB requires completion of a CHA and a CHIP as two of three prerequisites to accreditation program application.



For more information
contact: Susan Chafin
Florida Department of Health in Calhoun County
Phone: 850-643-2415 ext. 245
Email: susan.chafin@flhealth.gov